

Children of Hope Child Development Center

May 2026

Hope Happenings: News from Mrs. Mueller's Office

Happy Birthday!



STAFF Birthday:
Mrs. Guete- 23rd

I feel like someone hit the fast forward button and we are just holding on while the days fly by. There are lots of end of the year events going on, please see the attached schedule and also your class newsletters. On May 5th the Owlets invite you to their room for Pastries Parents. This is also the day of the Penguin Art Show, so Owlet parents can come down to the show after their pastries. The art show is a culmination of the hard work throughout the month and the Penguins should be very proud of the work they have done.

Moving up day for the Gliders is on the 12th at 8:45, chapel for everyone is on the 13th. Penguins and Gliders are doing Mother's Day activities on May 7th. We will finish the year with our foam party on the 20th. This is also a water day so come dressed in a swim suit and water shoes if you have them. Bring a towel and a change of clothes. We will be adding some popsicles to our snack for the day. Feel free to come at 11:45 that day to catch some foam and some cute pictures! No extended day for the Gliders that day nor lunch bunch. On the 21st, our last day, we will have games and cheese or pepperoni pizza for a snack! All classes release at 12:00 that day.

We will continue to bill like normal up until May 10th, but if you do lunch bunch after May 10th, please know that all your payments will be due by May 20th. The last lunch bunch is Tuesday, May 19th and we would request that it be paid for by the next day. We would love to have our books cleared by the last day of school as it is hard to track people down over the summer.

We do still have a handful of spots for next year so please help us get the information out to fill our classes. Word of mouth is the best form of advertising for us.

Finally, thank you. Thank you for trusting us with your child. This is the greatest job in the world and we love and appreciate all of our families. We will see some of you back in August and for the rest of you, don't forget to visit and we wish you well.

Blessings,

Mrs. Mueller



Church Events:
Sunday School May 3rd and 17th

*Praying and Playing with Deacon
Connie-May 17th*



**Chapel starts at 8:30 and
everyone is welcome to attend.**



**All classes -
Chapel is on May 13th. Join us
as we wish our Gliders well and
send them on their way!**

**Don't forget to wear your purple school
shirt on chapel day! We will take a full
school photo!**



Pick Up at 1:00pm: \$15
Pick Up at 2:00pm: \$20
Will invoice via Brightwheel daily.

**NO LUNCH BUNCH after May 20th or 21st and no Glider extended day
on May 20th after the foam party!**

Last day for lunch bunch is May 19th.

All Payments will be due by May 20th.



April 30th Donuts with a Dude in the Penguin and Glider classes at drop-off.
8:30-9:00.

Scholastic book orders due on May 1st
<https://orders.scholastic.com/GPNB8>

May 5th Pastries with Parents in the Owlet class. Join us after drop-off for some treats, fun and time together. Stop by the art show afterwards.



Penguin Art show is May 5th. Please come and see all the work the Penguins have put into this art show! Starts at 8:30



May 7th Mother's Day celebration is Gliders and Penguin classes. See class newsletters for times.



May 12 Moving up day for the Gliders join us at 8:45 in the sanctuary to wish our Gliders well and celebrate them.



May 13th Final Chapel for the whole school!

8:30-9:00



Foam party and water day is on Wednesday May 20th. Come in your suit with your sunscreen on. Bring a towel and clothes to change into. There will be no extended day or lunch bunch that day. Everyone is done at 12:00 that day.



Last Day of School is May 21st, all classes are released at 12:00. Teachers will be having their final staff meeting of the year.

Heatstroke Prevention Safety Tips

Be prepared to take action to save a life. If you see a child alone in a car; get involved. **Protecting children is everyone's business.**

What to Do if You See a Child or Animal Alone in a vehicle:

Don't wait for the driver to return. Call 911 right away. The 911 operator can help give you instructions on how to care for the child.

If the child is not responsive or is in distress, immediately:

- 1) Get child out of car by any means necessary.
- 2) Move the child to a cooler environment (somewhere with AC or shade if AC is not available).
- 3) Remove child's clothing to let the heat out from their skin.
- 4) Dampen the child with cool water or wet rags (not in an ice bath).

If the child is responsive:

- 1) Stay with the child until help arrives.
- 2) Ask someone else if they can locate the driver. You might suggest they ask security or a store manager to page them.

www.kidsandcars.org/2019/03/01/what-to-do-if-you-see-a-child-or-animal-alone-in-a-vehicle/
www.kidsandcars.org/how-kids-get-hurt/heat-stroke/

It is estimated that an average of **38** children die in hot cars every year:

Children **UNDER 5 YEARS** of age are more likely to develop heatstroke and may have a harder time communicating that they are experiencing symptoms. Heatstroke requires **IMMEDIATE EMERGENCY MEDICAL CARE** and can be **DEADLY** if not taken care of at once.



88% are under the age of 3



A car can reach 125° in minutes



A child's body temperature rises 3-5 times faster than an adult

Children can be unknowingly left behind in a vehicle when parents or caregivers have:



- Changes in routine
- Simple distractions
- Miscommunication
- Lack of Sleep / Fatigue (these alter the way our brains are able to function)

Heatstroke prevention safety tips:

- Look Before You Lock:** Make a habit of opening the back door and checking the back seat every time you leave your vehicle, even if you believe your spouse has your child
- Place an item you cannot start your day without (computer, cell phone, employee badge, etc.) on the floorboard in front of your child's car seat. This helps to form a habit so you will automatically open the back car door and check the back seat every time you arrive at your destination
- Make sure child care providers call you if your child doesn't show up as scheduled
- Never leave a child alone in a car, not even for a minute
- Clearly communicate who is getting each child out of the vehicle when more than one adult is present and always do a headcount of children
- Keep cars locked and keys out of reach of children at all times to prevent children from getting in a vehicle on their own

KIDS AND CARS.ORG
LOVE THEM. PROTECT THEM.



Songs

Movements



Get Ready

IT STARTS IN THE HEART

Lyrics: Dr. Becky Bailey & Jack Hartmann

Chorus

Good Morning, Good Morning

Let's get ready the brain smart way

Good morning, Good morning

Get ready to start the day

Get your hands ready - shake, shake Shake your hands

Get your arms ready - stretch, stretch Reach your arms up high

Get your brain ready - cross, cross Touch your right elbow to your left knee and then left elbow to right knee crossing the midline of the body. If this is too hard for young children have them cross the midline of the body in some fashion

Get your focus ready - breathe, breathe Breathe in deeply through the nose, hold it and exhale slowly

Get your hands ready - shake, shake Repeat as above

Get your arms ready - stretch, stretch

Get your brains ready - cross, cross

Get your focus ready - breathe, breathe

Repeat Chorus

Connect with a friend - shake, shake Turn to your partner and shake their hand

Connect with a friend - clap, clap Clap both hands with a partner

Connect with a friend - hug, hug, hug Give your partner a big hug

Good morning, good morning

Let's get ready the brain smart way

Get ready to start the day



Conscious Discipline®



Please make drop off and pick up times with your child

NO CELL PHONE ZONES 😊

SMOKE-FREE ENVIRONMENT

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, childcare providers, and parents.



find us on
 **Facebook**

 *Instagram*

Like our Facebook Page/Follow us on Insta!

Also, join our Private Group
Children of Hope Preschool/
Child Development Center of
Ahwatukee