

Children of Hope Child Development Center

September 2024

Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger
Preschool Director



WE ARE OFF TO A GREAT START!

The view from my desk is great! The kiddos are settling in to our classroom routines, making friends, and learning many new things already in these first few weeks of school!

Fall conferences will be here before we know it. At these conferences we will share with you how your child has acclimated to school and we will focus on the social-emotional learning that is already taking place. When a strong, nurturing social-emotional climate is present in the classroom and the children feel safe and happy, these are optimal conditions for learning to occur. We look forward to sharing your child's experience so far. Watch for sign-ups on Brightwheel.

We have a few openings in our Penguin classroom and your good word is our best advertisement. Please let me know if you know of any 3-year olds who would like to join our school family.

Our first preschool board meeting will be held this month as well. I look forward to working with our new board as we plan some fun events and campus projects this school year.

We are all very happy to be off to such a great start!

Warmly,

Mrs. H 😊

#fillyourchildwithhope

Happy Birthday!



STAFF BIRTHDAYS

September 12
Mrs. Gerrish



*Sunday worship service is at
9:00am where ALL are welcome*

*PrayGround available in sanctuary for
families with small children*

*Pastor Chris's most recent sermon can be
viewed here:*

[Hope that Endures - ESPERANZA LUTHERAN
CHURCH \(myesperanza.org\)](http://myesperanza.org)

Sunday School

September 15 & 22

ages 3 to 5th grade

Upstairs with Deacon Connie

10:15am - 11:00am

Prayin' & Playin'

with Deacon Connie

Sunday, 9/22

*Activities for kids in the Owlet
classroom during worship. Kids
will return in time for
communion.*

[Opportunity to Serve](#)

[Thursday, October 3rd](#)

[Feed My Starving Children](#)

[Ages 5 and up](#)

[Volunteer \(fmsc.org\)](http://fmsc.org)

Use Join Code XWBBVV

FAMILY CHAPEL TIME



PARENTS!

**We invite you to
Family Chapel Time!**

Please check your child in to the
classroom, head to the sanctuary, and we
will start Chapel at **8:30am**

Frogs: Monday, September 23

Owlets: Tuesday, September 24

Penguins: Wednesday, September 25

Collection for Kyrene Resource Center's Food Bank.

This community resource center helps
children in our school district who are
facing food insecurity. If you would like to
donate, please bring items to Chapel each
month.

Kyrene Resource Center Current needs:

Boxed Macaroni & Cheese

Cereal

Pasta

Dry Beans



LUNCH BUNCH



Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities, and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends. With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence.

What to pack in your child's Easy to Open Lunch?

No nuts, avoid Lunchables that need assembled (such as the pizza one) and choking hazards (such as hot dogs, popcorn, whole grapes)

[Tips for Family Style Dining.pdf \(gonapsacc.org\)](http://gonapsacc.org)



dreamstime.com ID 192401003 © Miamy Pappox

Lunch Bunch Available Daily

Sign up Book is located outside Mrs. H's office

Pick Up at 1:00pm: \$15

Pick Up at 2:00pm: \$20

Will invoice via Brightwheel

NO LUNCH BUNCH ON THURSDAY, SEPTEMBER 19th due to Staff Meeting

CHOICES!

Two positive choices reinforce the child's Power of Free Will while providing parameters for behavior. The following steps will help you deliver two positive choices.

It takes practice, but it works!

Learn more here: <https://fb.watch/iN29CPih3x/>

Two Positive Choices Step 1:

Breathe deeply and make a conscious decision to focus on what you want the child to do.

Focus on the behavior you want to see, rather than the undesired behavior.



Conscious Discipline®

1/5

Two Positive Choices Step 2:

Tell the child,
"You have a choice!"
in an upbeat tone.

Our positive attitude will lighten the situation, especially if the child is resistant.



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Two Positive Choices Step 3:

Clearly state two choices that will achieve the goal.

Say, "You may ___ or you may ___." For older children, you could say, "Feel free to ___ or ___."



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3/5

Two Positive Choices Step 4:

Complete the process by asking the child for a commitment.

You might say, "What is your choice?" For older children, we might say "What would be better for you?"



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4/5

Two Positive Choices Step 5:

Notice the child's choice.

Do this by saying, "You chose ___!" in an encouraging voice with loving intent. This imparts the child with crucial awareness about their choice.



Conscious Discipline®

5/5



Dear Parents,

Date: September 1, 2024

We are very pleased to inform you that our school is being served by a program called **Smart Support**. This program provides mental health consultation, training, and resources for ADHS licensed childcare centers and DES regulated family childcare homes. Consultation is available to staff and Directors at no charge. **Smart Support** is funded by a voter initiative called First Things First that uses state tobacco tax funds to provide greater opportunities for all children five and under in Arizona to grow up ready to succeed.

Our trained, masters-level consultant, Kelly Quintanar, will be at our center twice a month starting September 3, 2024. She will be available to support a healthy social-emotional climate in the classrooms and will work with staff to enhance communication and discuss solutions for any challenging behaviors or needs the children may have. You may see Kelly in the classroom or with the children throughout the day, and you can always ask to set up a time to meet confidentially with her. Any individual work with your child will only take place with your knowledge and specific consent.

The goal of **Smart Support** is to support the social and emotional needs of young children so that they can thrive in their current care. These goals are met by implementing classroom strategies, training, and resources or referrals for specific children or situations.

We believe that our involvement with this valuable program will assist us in our mission to respond to the social, emotional, and cognitive needs of your child in the most positive and supportive ways. Feel free to contact me with any questions.

Sincerely,

Mrs. H
Director

UPCOMING EVENTS

Preschool Board Meeting



Tuesday, September 17th

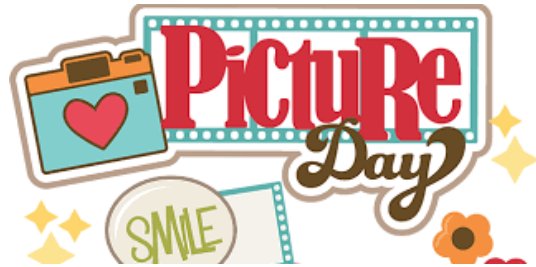
6:00 - 7:00pm

Fellowship Hall

Members include Esperanza & COH staff, COH parents, and Esperanza church members.

7 Meetings total will be held the 3rd Tuesday in September, October, November, January, February, and April

SCHOOL PICTURE DAY



Wednesday, September 18th*

Lifetouch Photography will be here all morning taking photos of the kids. They do a really nice job.

Class photos (composites) will also be created and available for purchase. All orders will be taken online

Siblings will be photographed together and individually

*Owlets who do not attend on Wednesdays should come to get photographed anytime between 8 and 10am to be included in the class composite

Read to your child every day



www.ReadingRockets.org

TIPS | for parents of Preschoolers

Read early and read often. The early years are critical to developing a lifelong love of reading. It's never too early to begin reading to your child! The tips below offer some fun ways you can help your child become a happy and confident reader. Try a new tip each week. See what works best for your child.

■ **Read together every day.**

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close.

■ **Give everything a name.**

Build your child's vocabulary by talking about interesting words and objects. For example, "Look at that airplane! Those are the wings of the plane. Why do you think they are called wings?"

■ **Say how much you enjoy reading.**

Tell your child how much you enjoy reading with him or her. Talk about "story time" as the favorite part of your day.

■ **Read with fun in your voice.**

Read to your child with humor and expression. Use different voices. Ham it up!

■ **Know when to stop.**

Put the book away for awhile if your child loses interest or is having trouble paying attention.

■ **Be interactive.**

Discuss what's happening in the book, point out things on the page, and ask questions.

■ **Read it again and again.**

Go ahead and read your child's favorite book for the 100th time!

■ **Talk about writing, too.**

Mention to your child how we read from left to right and how words are separated by spaces.


■ **Point out print everywhere.**

Talk about the written words you see in the world around you. Ask your child to find a new word on each outing.

■ **Get your child evaluated.**

Please be sure to see your child's pediatrician or teacher as soon as possible if you have concerns about your child's language development, hearing, or sight.





Parent-Teacher Conferences

Our Fall Conferences will take place the week of **September 23rd**. Your child's teacher will send out a sign-up via Brightwheel. Mrs. H will watch your child for you during your conference.

We look forward to this time with you to share how your child has acclimated to school. These conferences focus on the social-emotional development of the children.

An Ages & Stages questionnaire, a nationwide early childhood tool, will be sent home in early September. Your input on this questionnaire is very valuable and it helps us as we prepare for these conferences.

Please return completed ASQs by Thursday, September 12th

We look forward to meeting with you soon to share the joys and milestones your child is experiencing.

Mariposa Therapy Services



We are so lucky to enjoy a partnership with the speech & language pathologists and the occupational therapists at Mariposa. They will be on campus on Wednesday, 9/25 to conduct **FREE** assessments. Early intervention is so helpful for our kiddos, and we will communicate any referrals for further supports.



Please make drop off and pick up times with your child

Cell Phone Free Zones 😊

SMOKE-FREE ENVIRONMENT

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



**Cleaning & Disinfecting
Services**



FORCE SHIELD
FOG • DISINFECT • PROTECT



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Page/Follow us on
Insta!**

Also, join our Private Group
Children of Hope Preschool/
Child Development Center of
Ahwatukee