

# Children of Hope Child Development Center

October 2024

## Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director



### **HURRY UP, FALL!**

We are more than ready to welcome cooler temperatures and begin some of the festivities of fall, and soon, the holidays! Such a magical time of year at preschool!

We begin with some fall fun, such as an optional “spooky” Fun Friday offered to our Penguins & Frogs, and we will end this month with our annual school wide Halloween party. We look forward to seeing the kids’ costumes and to this family day at preschool!

We have a few openings in our classrooms and your good word is our best advertisement. Please let me know if you know of any 3 or 4 year olds who would like to join our school family.

We hope you all had a wonderful fall break with your family. We are ready to jump back into learning and fun! Lots of info in this newsletter...let’s get back into this thing!

### **Happy Birthday!**



**STAFF BIRTHDAYS**

No October Birthdays

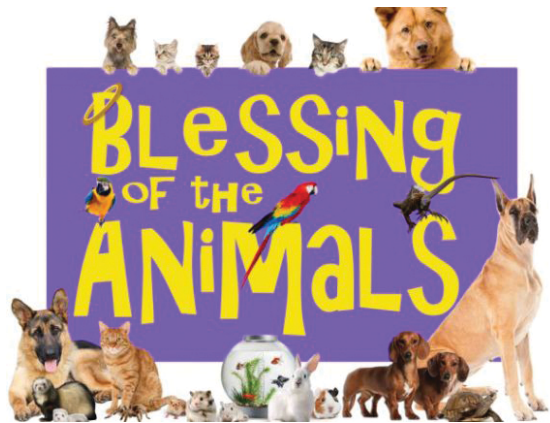
Warmly,

Mrs. H 😊

#fillyourchildwithhope



*Sunday worship service is at  
9:00am where ALL are welcome*



*Saturday, October 19<sup>th</sup>  
9:00am*

*Our pets are beloved members of  
our families. Bring your fur  
babies to the lower courtyard to  
receive a special blessing during  
this short service. Treats & water  
will be available for the pets.*

### ***Prayin' & Playin'***

*with Deacon Connie*

***Sunday, 10/20***

*Activities for kids in the Owlet  
classroom during worship. Kids  
will return in time for  
communion.*

*Opportunity to Serve*

## **FAMILY CHAPEL TIME**



### **PARENTS!**

**We invite you to  
Family Chapel Time!**

Please check your child in to the  
classroom, head to the sanctuary, and we  
will start Chapel at **8:30am**

**Frogs: Monday, October 21**  
**Owlets: Tuesday, October 22**  
**Penguins: Wednesday, October 23**

### **Collection for Kyrene Family Resource Center**

This family resource center helps children  
in our school district who are facing food  
insecurity. If you would like to donate,  
please bring items to Chapel each month  
and place in the shopping cart.

**Needed:**  
**Individual Fruit Snacks**  
**Individual Applesauce**  
**Granola Bars**



# LUNCH BUNCH



Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities, and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends. With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence.

## What to pack in your child's Easy to Open Lunch?

No nuts, avoid Lunchables that need assembled (such as the pizza one) and choking hazards

(such as hot dogs, popcorn, whole grapes...**please cut grapes!**)

## [Tips for a "Choosy" Eater \(gonapsacc.org\)](http://gonapsacc.org)



**Lunch Bunch Available Daily**

**Sign up Book is located outside Mrs. H's office**

**Pick Up at 1:00pm: \$15**

**Pick Up at 2:00pm: \$20**

Will invoice via Brightwheel

**NO LUNCH BUNCH ON THURSDAY, OCTOBER 24<sup>th</sup> due to Staff Meeting**

## The Skill of Assertiveness

An assertive voice is not a mean voice, it is used in a direct, positive way to get our kiddos to do what we want, instead of focusing on what we do *not* want. We often use a passive or aggressive voice. Try the assertive voice. It works!

Check out these game-changing further descriptions and tips here:

[Video](#) | [Facebook](#)

<https://fb.watch/v7HM8XVgmf/>

### *Assertiveness*

Requires clear communication that focuses children's attention on what we want them to do.

#### *Passive Voice:*

Sounds like a question: "Can you start cleaning up?"

#### *Aggressive Voice*

Sounds like a threat: "Clean up now or else!"

#### *Assertive Voice:*

Sounds like a statement of fact: "Pick up the blocks and put them in the bucket like this."

### *Skill of Assertiveness*

#### VOICE OF NO DOUBT

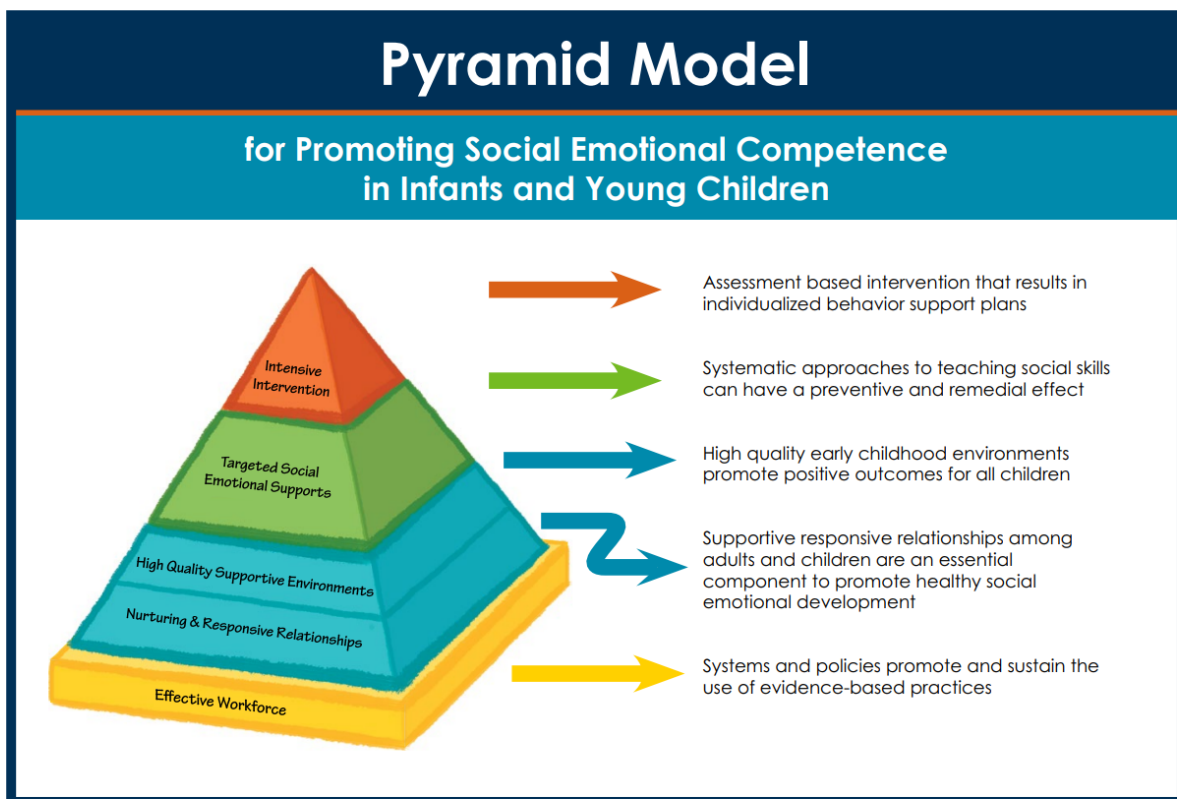
Before children decide whether to comply with a command, they will read our facial expressions, tone of voice and gestures. We increase the chances they will obey if we appear **confident** and in control, sound sure of ourselves, **believe** they can be successful, and use gestures to provide information.

We are excited to partner with our Smart Support consultant, Kelly Quintanar, as we continue to implement the research backed practices of the Pyramid Model. This program supports healthy social-emotional climates in the classroom, and for each individual child. It starts with an effective, trained staff, and goes as deep as individual success plans for any specific needs or challenging behaviors.

Mrs. H, Mrs. Guete, and Deacon Connie will attend several trainings this year with our Smart Support consultant that will be shared with the entire staff that focus on supporting the social-emotional needs of our children.

Children learn best when their bodies and minds are calm and regulated. Emotions can be big at this age, and we will support each child through these feelings in the most productive ways to foster happy, successful environments and outcomes.

Stay tuned for more!



# UPCOMING EVENTS

## Preschool Board Meeting



Tuesday, October 15<sup>th</sup>

6:00 - 7:00pm

Fellowship Hall

Members include Esperanza & COH staff, COH parents, and Esperanza church members.

7 Meetings total will be held the 3<sup>rd</sup> Tuesday in September, October, November, January, February, and April

## SAVE THE DATE!



Saturday, December 7<sup>th</sup>  
9:00 - 11:00am  
More info coming soon!

## FUN FRIDAY!

October 25<sup>th</sup>

With Mrs. Gerrish & Mrs. Pierce



8:30 - 11:30am

Offered to Penguins & Frogs

Send Mrs. H a message on Brightwheel if your child would like to join the fun!

\$35 per child will invoice on BW

# Fun with Math!

## One, Two, Buckle My Shoe: Math and Literacy for Preschoolers

Math is all around, even for our youngest learners. By providing a home rich in language and where thinking is encouraged, you can help your preschooler develop important numeracy and literacy skills. Below are four examples of ways to integrate language and math.

### Math Concept: Number

There are many ways to provide your preschooler with counting practice. "Let's count the number of shoes in our shoe bucket. How many oranges are in the bag?" Another way is to make and reuse a simple set of number cards. Write the numerals 1-10 on one set of cards. Place stickers on the other set. Help your child match the number of stickers with the written numeral. These number cards help develop the understanding that a written number represents something concrete.

### Math Concept: Size

Use socks, balls, pieces of string, or other like objects of varying sizes. Have your child line the objects up across the floor. Next, ask your child to order the objects by size. Use important vocabulary words such as "small, smaller, smallest" or "long, longer, longest." Help your child to compare items: "This sock is bigger than that one. This string is longer than this one, but shorter than this one."

### Math Concept: Volume

Fill a plastic bin with dried beans. Add measuring cups, scoops, and paper cups of various sizes. Talk with your child as he works, using interesting words, "Can you *sprinkle* some beans over here? Let's *scoop* the beans into this container." Use words such as *more* and *less* to compare scoops. "Which one holds more? Which one holds less? How many scoops do you think it will take to fill this container with beans?"

### Math Concept: Data Analysis

Mathematicians call it data analysis and probability, but you can call it helping your preschooler learn to ask questions and gather information to help answer the questions. Sorting and classifying objects is a great way to begin. Gather several objects of different shapes. Ask your child to sort those objects in different ways. "Can you put all the smooth things over here? Collect all the objects that have an edge."

Mathematical thinking and problem solving skills are needed every day, and developing a solid foundation will prepare your child to be a lifelong learner.



# It's a School Wide Halloween Party!

Thursday, October 31<sup>st</sup>



**8:30am:** Drop off your child in the classroom in their costumes

**8:50am:** Halloween Parade will begin (we will parade through the parking lot, stopping for group photos)

**9:15 – 11:30am:** **Parents:** Please take your child to each station and enjoy this fun morning with your kiddos!

**Each child must have a grown-up to stay with them all morning, as teachers will all be manning stations**

- Food & Ice Cream Sundae Bar
- Crafts
- Obstacle Course
- Donuts on a String
- Pumpkin Pounding
- Games
- & More!





Please make drop off and pick up times with your child

***Cell Phone Free Zones*** 😊

## **SMOKE-FREE ENVIRONMENT**

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



**Cleaning & Disinfecting  
Services**



**FORCE SHIELD**  
FOG • DISINFECT • PROTECT



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Children of Hope Preschool/  
Child Development Center of  
Ahwatukee