

Children of Hope Child Development Center

September 2022

Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger
Preschool Director



It is so nice to be back on campus with you and your children! We are grateful to partner with you and thank you for choosing us to be part of your child's educational journey. It all starts from birth to age 5!

This month will be very busy! We will start the month with a visit from Mariposa Therapy Services. We enjoy a wonderful partnership with them and they will once again be on our campus this month doing FREE speech and developmental screenings. Early intervention is key, so we are so thankful for this service. You will also see our Quality First Coach, Jessa, on campus, as well as our Smart Support Consultant, Aphrodite, visiting as well. They provide wonderful support to our teachers and students around best practices and social-emotional growth and learning.

Happy Birthday!



Mrs. Gerrish: Sept 12th

We look forward to welcoming all of you to our classrooms at our Show & Tell Night! During Covid we were not able to have families in and out of the classrooms, so we are especially happy to welcome you all for this special night where your child can show you around the classroom!

Family Chapel Time also starts this month! We invite you to join your child for this special time each month. Deacon Connie and I are busy preparing lessons that will introduce them to the Fruit of the Spirit and the love of Jesus. Please join us!

We will end the month with Parent/Teacher Conferences. We really value this time with you as we share how your child has acclimated to school. You are your child's first and most important teacher, so our partnership with you is vital.

Looking forward to growing our relationships with you!

Kindly,
Mrs. H

#fillyourchildwithhope



ALL ARE WELCOME!



Pastor Annemarie Burke

***SUNDAY SCHOOL
with Deacon Connie
Ages 3 - 11***



Deacon Connie

***Beginning
Sunday, September 11th***

Worship Service: 9:00am

***Adult Bible Study & Children's
Sunday School:
10:15 - 11:00am***

FAMILY CHAPEL TIME



**Monday, September 19 @ 8:40am:
Frogs**

**Tuesday, September 20 @ 11:10am:
Ducklings & Penguins**

PARENTS!

Join us at Family Chapel Time!

Please join us where you will sit on the floor with your child in your lap and participate in monthly Family Chapel Time with Deacon Connie, Pastor Annemarie, and Mrs. H. (If a parent cannot attend, no worries...we will take great care of your children and keep them happy & engaged)

We will hear stories, sing songs, and learn about Jesus. We hope you will join us!

**Children:
WEAR YOUR SCHOOL SHIRT**

**September Songs
My God is So Big**

**Lesson: Intro to Chapel & Fruit of the Spirit
Galatians 5:22-23**

WHY LUNCH BUNCH?



Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities, and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends.

With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence.

Lunch Time is very fast in elementary school and here at Hope we believe in providing Lunch Bunch as an opportunity for our students to practice the “soft skills” needed for kindergarten success.

Available Daily

Sign up Book is located outside Mrs. H's office

Pick Up at 12:30pm: \$10

Pick Up at 1:30pm: \$15

Pick Up at 2:00pm: \$20

Must be enrolled in 3's or Pre-K.

Not available to our Toddler Class due to diapering/licensing issues.

***NO LUNCH BUNCH on Tuesday, September 13, due to Staff Meeting**



ARIZONA DEPARTMENT
OF HEALTH SERVICES

Product vs Process Art



Product art is an opportunity to create **something that the teacher has thought of**

An example of product art would be decorating a heart shaped piece of paper with a lace doily and a poem to give to the parent on Valentine's Day, or a paper plate craft (as seen above) with instructions from the teacher.

Process art is an opportunity for children to create **something based on their own ideas.**

Children may choose items and create a design **without** instructions from the teacher.

Process art gives children a chance to explore and manipulate materials in any way that occurs to them. Most of the time, we offer process art experiences to children, as the concepts learned help later with math & science.



GAME CHANGER: **An Assertive Voice**, rather than a question (which gives the child the illusion of choice and the ability to say no) or a threat.

The assertive voice is not rude or loud. It is the voice of knowing. The assertive voice tells children exactly what TO do and paints a clear picture of what that looks like and how to be successful.

Assertiveness

Requires clear communication that focuses children's attention on what we want them to do.

Passive Voice:

Sounds like a question: "Can you start cleaning up?"

Aggressive Voice

Sounds like a threat: "Clean up now or else!"

Assertive Voice:

Sounds like a statement of fact: "Pick up the blocks and put them in the bucket like this."



Conscious Discipline®



Breathing Tools (to calm our bodies) that we use in class

 <h3>Drain</h3> <p>Extend arms out, pretending your arms are faucets. Tighten arm, shoulder, and face muscles. Exhale slowly making a "sssshhh" sound and release all your muscles, draining out the stress.</p>	 <h3>S.T.A.R.</h3> <p>Smile, Take a deep breath And Relax. Encourage belly breathing where the tummy goes out when the air goes in, and in when the air goes out. Also help children learn to exhale slower than they inhale.</p>
 <h3>Pretzel</h3> <p>Standing up, cross your ankles. Now cross your right wrist over left, turn your hands so your thumbs are facing the floor, put palms together and interlace fingers. Bend your elbows out and gently turn your hands down and toward your body until they rest on the center of your chest. Put your tongue on the roof of your mouth. Relax and breathe.</p>	 <h3>Balloon</h3> <p>Place your hands on top of your head and interlace your fingers. Breathe in through your nose as you raise your arms, inflating an imaginary balloon. Release the air in the balloon by pursing your lips, exhaling slowly, lowering your arms and making a "pbbppppb" sound.</p>



90% of Brain Growth Happens Before Kindergarten

At birth, the average baby's brain is about a quarter of the size of the average adult brain. Incredibly, it doubles in size in the first year. It keeps growing to about 80% of adult size by age 3 and 90% – nearly full grown – by age 5.



WATCH THIS...AMAZING! <https://youtu.be/-ijGVM1h1nU>



HELP US FIGHT OFF GERMS!

Parents...thank you for your help in the mornings at Drop-off time as we teach the kiddos proper handwashing techniques. The steps above are how we teach the kids...with the tricky part being the 20 seconds of scrubbing! (songs and timers help with this).

Please help your child practice this in the morning upon entering the classrooms.

We have found that this practice of handwashing has really helped to prevent illness from spreading throughout the classrooms, during Covid, as well as with other common childhood illnesses.

Upcoming Events

Show & Tell Night



Wednesday,
September
14th

Ducklings & Penguins:

5:15 – 6:00pm
In the classrooms

ALL

Time with Mrs. H:

6:00 – 6:15pm
Sanctuary

“Top 10 Things Preschool
Teachers Want You to
Know”

Frogs:

6:15 – 7:00pm
In the classroom

Please join us for this special night as your child takes you through the classroom to give you a glimpse into our day! Teachers will also be on hand to visit and get to know you!

Fun Friday



Frogs &
Penguins

September 16th
8:30 – 11:30am

\$30 per child

Sign up in the
office with Mrs. H

Join us for an
extra morning of
fun!

Fun Fridays will
be offered
periodically
throughout the
year. We will add
classes for the
Ducklings as the
year goes on.

Parent/Teacher Conferences



The Week of
September 26th

Sign-ups will be posted
on Brightwheel

We look forward to meeting with you to share how your child has acclimated to school. Our focus during fall conferences is through a social-emotional lens. We hold a second conference in the spring that covers social-emotional growth and learning, as well as cognitive, academic learning. This is a special time between parents and teachers, and we look forward to sharing with you.

To help us prepare for these conferences, we will be distributing the **Ages & Stages Questionnaire** and the **CDC's Developmental Milestones** for you to fill out with your child. These surveys, coupled with our observations at school, capture the most accurate, complete picture of your child.

Picture Day

Thursday, September 29th

Please return your Lifetouch picture form to Mrs. H

USBORNE BOOK FAIR



Coming Soon!

See Mrs. Pierce if you would be willing to help!

School Wide Halloween Party!

Thursday, October 27th



Kids – **bring your grown-up to school with you this day** as we turn our campus into a Halloween extravaganza! More info coming soon, save the date!

SAVE THE DATE!



**Saturday, January 21, 2023
6:00 - 10:00pm**

Gather a Team of 6 Adults
Name your team, Pick a theme,
Decorate your table, Enjoy the fun!

Cost
\$25 per person
Includes buffet dinner - each table is B.Y.O.B.

Prizes
Winning Team receives \$600 cash prize!
Prize for best decorated table and more!

**DON'T MISS THIS REALLY FUN
PARENT'S NIGHT OUT!**



Please make drop off and pick up times with your child
Cell Phone Free Zones 😊

Mosquito Fogging will occur on Friday, 9/02/22

SMOKE-FREE ENVIRONMENT

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and child care providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower child care facility, it shall be the policy of this child care facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



**Cleaning & Disinfecting
Services**



FORCE SHIELD
FOG • DISINFECT • PROTECT



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Children of Hope Preschool/
Child Development Center of
Ahwatukee