

# Children of Hope Child Development Center

October 2019

## At Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director



### SOME HOPE HAPPENINGS IN OCTOBER

1. **Fall Conferences:** we really look forward to this time with you to share how your child has adjusted to school
2. **Fall Break** – No School 10/04 – 10/14 – we will be happy to see you return because then all the fun holiday stuff will begin!
3. **Pastor Steve's Retirement**– we will celebrate and thank our dear Pastor Steve this month...
4. At **Chapel**, as well as...
5. At Esperanza's **Oktoberfest** on 10/26...
6. And with the **kids singing** at his last service on 10/27
7. **School Wide Halloween Party** – Wednesday, 10/30
8. **Butter Braid Sales begin** – if you haven't had a Butter Braid, you'll love them!
9. **Usborne Book Fair** – high quality books for kids of all ages – we need helpers, please see Jess Pierce, Charlie's mom, to help
10. **Playground Improvements** – thanks to a local Eagle Scout, our playground fence will be repaired/replaced

A busy month, full of milestones and memories. 😊

### Happy Birthday!



◆ **MRS. LUKEN**  
October 1

Welcome Fall!

~ Mrs. H



**SUNDAY SCHOOL**  
for kids ages 4 - 5<sup>th</sup> grade

ALL ARE WELCOME!

8:30am Traditional Service

10:30am Contemporary Service

Children are dismissed to Sunday School after Pastor Steve's Children's Message during the 10:30am service

Nursery Care is available to children 3 years and under in Room 2

PLEASE JOIN US ON SUNDAY, 10/27 @ 9:30am for Pastor's last service before he retires. Children of Hope students, past and present, will be invited to sing our Chapel song "My God is So Big" at this service.



Choose a pumpkin:



"Lord fill me with your wisdom and guidance."

Scoop out the insides:



"Lord take out all of my fussies and frownies and fill me with your love."

Carve the eyes:



"Lord, open my eyes to see all the beautiful things you have made."

## CHAPEL



With Pastor Steve

**October 23 & 24**  
**@ 11:10am**

Each month we will introduce the children to a **Fruit of the Spirit**

This month's lesson will focus on the **GOODNESS** inside of us

Join us...this will be Pastor Steve's last Chapel with us before he retires

**Wear your school shirt**

### Optional Chapel Offering

Each month the children are welcome to bring an optional Chapel Offering.

This year we will be donating any cash offerings to **Feed My Starving Children**.

We will also collect for **Arizona Needy Newborns and Esperanza's Prayer Shawl Ministry**. Donations for these groups can include **skeins of yarn, bars of Ivory soap, fleece and/or newborn diapers**.

# LUNCH BUNCH



Available Daily

**Sign up Book is located outside Mrs. H's office**

**Pick Up at 12:30pm: \$10**

**Pick Up at 1:30pm: \$15**

**Pick Up at 2:00pm: \$20**

**Must be enrolled in 3's or Pre-K.**

**Not available to our Toddler Class due to diapering/licensing issues.**

**\*NO LUNCH BUNCH ON WEDNESDAY, 10/16, due to STAFF MEETING**

Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends. With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence. Lunch Time is very fast in elementary school and here at Hope we believe in providing Lunch Bunch as an opportunity for our students to practice the "soft skills" needed for kindergarten success.

## HEALTHY LUNCHES FOR PRESCHOOLERS

Per state recommendations we encourage you to **pack 1 item from each of the following categories** in your child's lunch, with MILK or WATER as the drink:

**Fruits:** bananas, applesauce, cantaloupe, peaches, fruit cocktail, pineapple, strawberries, watermelon, raisins (Grapes MUST be cut into small pieces due to choking hazard)

**Vegetables** (with dips, ranch, hummus, if desired): broccoli, carrot sticks, pumpkin, peppers, tomatoes, beans, potatoes

**Grains:** bagels, bread, oatmeal, crackers, pasta, rice, cereal, pancakes, muffins, waffles, tortillas

**Protein:** turkey, chicken, eggs, beans, hamburger, tuna, peanut butter

**Dairy:** yogurt, cheese, low-fat milk, pudding

# Building a Partnership with Your Child's Teacher

Home / Our Work / For Families / School Readiness / Building a Partnership with Your Child's Teacher  
By: Karen Nemeth, Derry Koralek, and Kelly Ramsey

Every child's first and most important teachers are the family members who nurture their development and learning. When a child enters an early childhood program, her family's partnership with the teachers ensures that the experience is comforting and successful for all. In our NAEYC book *Families & Educators Together*, we write, "Families and teachers both have information that can be exchanged as part of an ongoing reciprocal relationship. Together, you support the healthy development and learning of each child." Research shows that children thrive when their families are involved in their care and education. Here are some ways you can collaborate with your child's teacher to create and maintain a great relationship.

**Get to know your child's teacher as soon as possible so you can feel comfortable communicating with each other about your child.**

**Be sure to participate in the orientation events offered by the program, such as**

- **home visits**
- **neighborhood meet ups**
- **visits to the new program or school**
- **introductory conversations via phone or in person**

**Review the ways you could be involved in your child's program.** Most programs will offer a variety of options. Some people volunteer in the classroom during the day, but other families participate after hours or on the weekends. Staff will appreciate your help, and you can learn a lot about how your child spends their day. Many family members who participate in their child's program also form great friendships with other families and feel a sense of belonging. Here are some family involvement options:

- **Volunteer in the classroom.**
- **Visit the program to read to or play with the children.**
- **Join the board of directors or participate in a committee.**
- **Attend program events and offer to help with planning, decorations, typing the program, or bringing refreshments for future events.**
- **Offer to help after work or on weekends by taking care of toys, repairing torn books, or updating the website.**

**Share information with your child's teachers to help them understand your child's skills, preferences, interests, experiences, and needs.** The more teachers understand what makes your child unique, the more they can meet his needs, encourage progress, and celebrate accomplishments every day. In addition to filling out questionnaires about your child, here are some additional ways families can help the teacher get to know their child:

- **Teach program staff useful and comforting words in your home language to make communication with your child easier.**

- **Let the teacher know if something unusual or stressful is happening in your child's life. Always share changes in your child's development or behavior, such as a new sleep pattern or a new ability to crawl. Additionally, tell them about a move, a change in the family structure, an upsetting event at home, or a tantrum on the way to school - anything that might affect your child's behavior during the day.**
- **Exchange strategies for comforting your child when he is upset. The teacher will certainly want to know what you say and do to calm your child, and the teacher may share some helpful hints that you can try at home, too.**

**Share your own talents and interests.** All the children will benefit from learning about their friends' families and cultures. The teacher might invite you to read stories to children during the day, but that's not the only way to be a part of the program.

**These are some of the many ways family members have brought their specialties to share with toddlers and preschoolers:**

- **Singing songs, dancing, playing music**
- **Participating in field trips**
- **Being an indoor or outdoor play partner**
- **Pulling weeds in the program's garden**
- **Making repairs to materials, furniture, and toys**
- **Creating classroom labels in the family's home language**
- **Cooking favorite foods with the children**

**Communicate in different ways to build a reciprocal relationship with your child's teacher.**  
You can

- **Participate in the program's two-way text messaging program.**
- **Read papers your child brings home and respond as needed.**
- **Call the program to let them know if you will be late or your child will be absent.**

Keep in mind that you and the teachers are partners in supporting your child's early education. Even when you are away from your children, the things you have taught them stay with them. Your values, traditions, songs, and stories are all part of your child's foundation for learning. Don't be afraid to share information, even when the topics are upsetting or worrisome—the more the teacher knows about your child, the better they can support play, learning, and development. And the more you know about how your child is spending their day, the better you can support learning at home. Remember that you and the teacher both have your child's wellbeing at heart.

**Karen Nemeth**, EdM, is an author, speaker, and consultant on early childhood language development at Language Castle LLC. She is the author of *Basics of Supporting Dual Language Learners: An Introduction for Educators of Children From Birth Through Age 8*. [Karen@languagecastle.com](mailto:Karen@languagecastle.com)

**Derry Koralek** is president of DGK & Company, providing early childhood educational consulting to a variety of clients, including teachers and family child care providers. Previously, she served as editor in chief of *Young Children* and *Teaching Young Children* and also as Chief Publishing Officer at NAEYC.

**Kelly Ramsey**, M.S., is a family advocate, leader and consultant at Developing People, Inc. She is a mentor-coach for early childhood programs working towards creating innovative programs for families and children. [kelly@developpeople.org](mailto:kelly@developpeople.org)

# QUALITY FIRST

FIRST THINGS FIRST



First Things First created Quality First to work with childcare and preschool providers across Arizona to improve the quality of their early learning settings. Currently more than 1,000 early learning programs in communities across Arizona participate in Quality First. All of these programs are licensed and regulated, but participating in Quality First is voluntary. These programs are committed to quality improvement, **going beyond** regulatory requirements to help the infants, toddlers and preschoolers in their care be ready for success in school and beyond.

## Quality Improvement

Childcare centers, home-based providers and preschools participating in Quality First are supported with training and coaching to help improve their programs in ways that nurture the emotional, social and academic development of every child.

First Things First supports childcare and preschool programs enrolled in Quality First with:

- Coaching to build on what's great about a program and identify opportunities to improve
- Funding for the purchase of educational materials, equipment and other resources
- Financial support for teachers and caregivers to expand their knowledge of early childhood and how to nurture the development of young children
- Specialized assistance from a team of experts in child health, mental health and supporting children with special needs

## Star Ratings

To measure progress in quality improvement, each program participating in Quality First is assessed and given a Quality First Star Rating, ranging from 1 to 5 stars. Star Ratings are based on what research shows are the key components of quality early care and education:

- **Health and safety practices** that promote children's basic well being
- **Staff qualifications**, including experience working with infants, toddlers and preschoolers as well as training or college coursework in early childhood development and education
- **Teacher-child interactions** that are positive, consistent and nurture healthy development and learning
- **Learning environments**, including age-appropriate books, toys and learning materials that promote emotional, social, language and cognitive development
- **Lessons** that follow state requirements or recommendations for infants, toddlers and preschoolers
- **Group sizes** that give young children the individual attention they need
- **Child assessment and parent communication** that keeps families regularly informed of their child's development

The standards are high. Programs are assessed every one or two years and receive a new Star Rating with each assessment.

**Three-quarters of the childcare and preschool programs with Quality First Star Ratings meet or exceed quality standards (3-stars and above).**

## Going beyond licensing requirements

No matter a program's current Star Rating level, families can be assured that childcare providers participating in Quality First are committed to making improvements that help prepare kids for school and life. They are dedicated to providing care that exceeds the basic requirements of the Arizona Department of Health Services, Department of Economic Security Child Care Administration or tribal or military authority that provides regulation and oversight of their program.

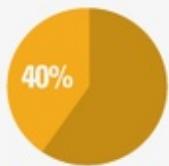
## Things to Keep in Mind

Quality First is a voluntary program for childcare centers and preschools. First Things First does not have the capacity to enroll all providers in Arizona who are interested in participating. There are many other quality programs in Arizona not enrolled in Quality First. It's also important to keep in mind that ratings are just one of several factors to consider in finding the right childcare or preschool program for your family's needs.

**Our Assessment Cycle will open in November. Please offer support, thanks and encouragement to your teachers as we prepare for this upcoming cycle and continue the work of earning our official Quality First Star Rating.**

# NATIONAL STUDIES

## SHOW THAT CHILDREN EXPOSED TO HIGH-QUALITY EARLY CHILDHOOD EDUCATION:



Are 40% less likely to need special education or be held back a grade



Are 70% less likely to commit a violent crime by age 18



Have better language, math and social skills, and better relationships with classmates



Have better cognitive and sensory skills and experience less anxiety



Score higher on school-readiness measures

# LET'S READ!

Did you know that reading aloud is the single most important thing you can do with your child to support language development and early literacy skills?

## WHY IS IT IMPORTANT?

Reading aloud:

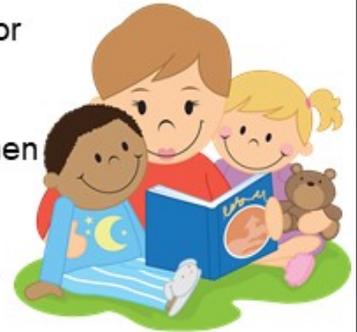
- ✓ Builds motivation, curiosity and memory
- ✓ Helps calm children experiencing stress or anxiety
- ✓ Introduces children to new ideas, words, and vocabulary
- ✓ Creates positive feelings about books and reading



## WHEN TO READ

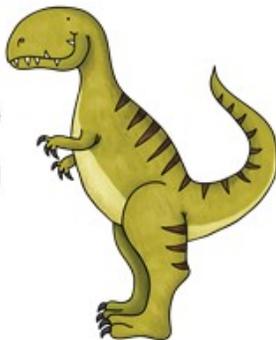
Research shows that reading aloud to your child **at least once a day** can help build crucial language and literacy skills.

**Bedtime** is the perfect time for reading aloud because it can be calming for the child. Reading also helps strengthen the bond between you and your child.



## WHAT TO READ?

Read books about things your child likes. Does your child like dinosaurs? What about horses or princesses? When you involve your child in the process of selecting the books you will read together, your child will be more likely to enjoy listening to the story.



## READING TIPS

Incorporate these simple tips below to help your child get more out of the reading experience:

- ✓ Point to the words as you read them.
- ✓ Encourage your child to join in when reading familiar stories.
- ✓ Read your child's favorite stories often.
- ✓ Talk about the pictures



Know someone looking for a preschool home?



Our Toddler and 3-Year Old Classes are FULL, but our Pre-K Classes have some available spots for a friend of yours!

Bring a friend...if that friend enrolls, you get a month's FREE TUITION as our thanks!  
Your good word is our best advertisement.

Invite your friend to a Quality First School!

## SAVE THE DATES!

- **Fall Break:** 10/4 – 10/14
- **School Wide Halloween Party:**  
Wednesday, 10/30
- **Amazing Race:** February Date TBD for Adult Couples
- **Trivia Night:** April 18 for Adult Teams of 6

## FRIDAY PBL CLASS

For Pre-K Students  
with Mrs. Luken & Mrs. A

**Run, Run as Fast as You Can...a Deal on Project Based Learning is in our upcoming Plan!**



**November & December**

**GET 6 FRIDAYS FOR THE PRICE OF 4!**

November 1, 8, 15 and 22  
December 6 and 13

Only \$100

Have a 4-year old friend from another school who is off on Fridays and would like to join us? Invite them to our Friday classes!

**SIGN UP NOW!** Classes start 11/01!

# It's a School Wide Halloween Party!

Toddler Class – please note this is a Wednesday – please join the fun!

**Wednesday, October 30<sup>th</sup>**

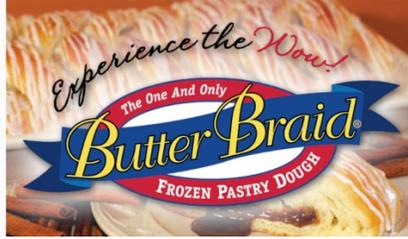


**8:30am:** Drop off your child in the classroom in their costumes and proceed to the parking lot

**8:45am:** Halloween Parade will begin (we will parade through the parking lot, stopping for photos in the lower lot/garden area)

**9:15 – 11:30am:** Parents: Please take your child to each Halloween station  
(At least 1 adult must be responsible for each child, as teachers will all be manning stations)

- Face Painting
- Caramel Apples
- Crafts
- Obstacle Course
- Ooey-Gooey
- Donuts on a String
- Pumpkin Pounding
- Ghost Bowling
- Halloween Bean Bag Toss
- Food, Fun and More!



Orders taken 10/21 - 11/04  
Pastries delivered in time for the holidays on 11/12/19

I am very excited to announce this upcoming fundraising event! For those of you that are familiar with **Butter Braid® pastries** - you may already have a list of friends, family and co-workers waiting to order! For those of you that are not familiar with Butter Braid® pastries - you'll wonder how you ever lived without them.

The flavor lineup has some exciting changes! It includes: Apple, Bavarian Crème (it's BACK!), Blueberry Cream Cheese, Cherry, and Cream Cheese pastries, plus a NEW Cinnamon Roll. They sell for only \$12.50 and we earn a \$5/40% profit on each item!

Visit <http://upliftingpromotions.com/butterbraidpastries/> for pictures & nutrition information.

***Post your order form on social media to increase sales!***

Participants that have posted a photo or video promoting their fundraiser on **Facebook, Instagram, Twitter and Nextdoor** have great success - often doubling their sales over the previous year! It's a great way to catch people you may not be in everyday contact with - you never know how many are just waiting for Butter Braid pastries!

Feel free to contact me with any questions, and thanks for doing your part to make this fundraiser a success!

Lynn Hockenberger

**Children of Hope only holds 2 product fundraisers a year!**

1. Butter Braids
2. Book Fair

Your support of these two fundraisers will help us continue to make improvements to our playground.

Thank you!



**USBORNE**  
BOOKS & MORE

# Book Fair!!



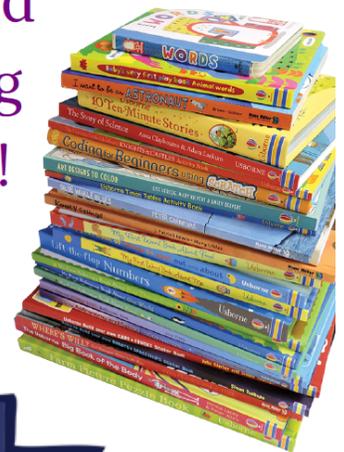
Usborne and Kane Miller books are the most exciting, engaging, and educational books on the market today. They are high-quality, innovative, lavishly-illustrated, and best of all, they are the books kids love to read. Choose from over 1,800 bright, colorful, and fun titles covering a wide variety of subjects.



## Usborne Books & More Mission:

“The future of our world depends on the education of our children. We deliver educational excellence one book at a time. We provide economic opportunity while fostering strong family values. We touch the lives of children for a lifetime.”

Books for all ages and reading levels!!



**October 28 - November 3**



Please make drop off and pick up times with your child ***Cell Phone Free Zones*** 😊

## **SMOKE-FREE ENVIRONMENT**

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and child care providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower child care facility, it shall be the policy of this child care facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



find us on

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*Instagram*

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**Also, join our Private Group**

Children of Hope Preschool/  
Child Development Center of Ahwatukee