

# Children of Hope Child Development Center

January 2018

## Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director

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### HAPPY NEW YEAR!

**Remember Y2K? That was 18 years ago?! Hard to believe. And I say it each and every year, but our year with your children always seems to go by super fast. Here we are, half the year in the books already! Geesh!**

**But we still have lots to do! We will continue to work towards our Quality First assessments and Star Rating. We are committed to the highest quality of care for you and your children. You may see assessors on campus and in the classrooms as we move forward in this process.**

**We also look forward to our upcoming Parent/Teacher conferences and registration for the upcoming school year. Pre-K families, be on the watch for information from our Ahwatukee schools on Kindergarten Round Ups. I will share any information with you as I receive it.**

**In the meantime, be sure to read through this newsletter for information on some fun events coming up. Part of the beauty of this environment is the community it builds. I am always so tickled to see Facebook posts of friends, both children and adults, whose friendships began here on this campus. Get involved, make some memories! Hope to see you at our Spring events.**

**With each new year come resolutions...mine involve diet this year :/**

**But one thing we all resolve to do every year is to always nurture your child and encourage a love of learning. That is a resolution that is constant and won't be broken.**

### January Events

- ◆ **NO SCHOOL: MLK Jr. Day**  
January 15
- ◆ **CHAPEL**  
January 17 & 18
- ◆ **NO LUNCH BUNCH**  
January 23
- ◆
- ◆
- ◆

*Mrs. H*



# **DRIVE-IN MOVIE NIGHT!**

**Saturday, February 3rd  
4:30 – 7:30pm**

**Get your cardboard boxes (for siblings, too) from Mrs. H and get creative! Make any kind of car you like!**

**Free Popcorn and Drinks! Pizza for purchase.**

**Sign up in the office with Mrs. H so we can get an idea of how much pizza to order.**

**HOPE TO SEE YOU THERE FOR THE FAMILY FUN!**

# **BACK BY POPULAR DEMAND!**



**Saturday, April 7<sup>th</sup>, 2018  
6:00 - 10:00pm**

**Gather a Team of 6 Adults**  
(Husbands vs. Wives?, Classroom vs. Classroom?)

**Pick a theme, Name your team,  
Decorate your table and enjoy the fun!**

## **Cost**

\$20 per person

Includes buffet dinner - each table is B.Y.O.B.

## **Prizes**

Winning Team receives \$500 cash prize!

Prize for best decorated table and more!

**Bring 3-\$1 bills for a game of Heads or Tails  
at intermission! Silent Auction to be held.  
Mulligans will be for sale as well!**



Jan. 9, 2018

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## Goal setting teaches toddlers and preschoolers lifelong skills

(Jan. 1, 2018) - Around this time, millions of Americans set goals for themselves on things they would like to do or improve this year. For parents and caregivers of toddlers and preschoolers, this New Year's tradition offers a wonderful opportunity to expand children's learning.

As 2018 begins, parents can engage their children in conversations about past years' celebrations and upcoming resolutions. Adults can share resolutions they have made in the past and talk about how setting goals helps us grow and learn. They can also talk with their children about setting realistic and achievable goals for themselves.

First Things First offers some ways to approach the conversation of setting goals for the new year. Remember that it must be a back-and-forth dialogue between a caregiver and a child. Also, the child must arrive at their resolution on their own. For toddlers and preschoolers, some simple resolutions might include:

- Reading together for 30 minutes every day.
- Brushing teeth every day, or learning to do it on their own.
- Trying one new fruit or vegetable each month.
- Less TV or computer use to make time for family games or physical activity.
- Learning to tie their shoes or get dressed on their own.
- Getting to bed by a certain time every day.



In these discussions, help your child decide how they will monitor their progress and what good rewards for progress might be. For example; a new book, stickers on a calendar, a visit to a museum or local event might be rewards. As the year progresses, use successes or challenges as opportunities to talk about setting higher goals or adjusting old goals to be more realistic. Focus always on the positive - such as progress made or obstacles that have been overcome.

At each step along the way, parents will see their children achieving their goals, but the process itself will strengthen parent-child relationships, build vocabulary (resolution is a BIG word) and contribute to skills - such as motivation, self-esteem and focus - that will serve our children now, once they enter school and throughout their lives.



**About First Things First** - First Things First is a voter-created, statewide organization that funds early education and health programs to help kids be successful once they enter kindergarten. Decisions about how those funds are spent are made by local councils staffed by community volunteers (Mrs. H serves on the East Maricopa Regional Council). To learn more, visit [FirstThingsFirst.org](http://FirstThingsFirst.org).



### Call or Click

The Birth to Five Helpline is a free service available to all Arizona families with young children, as well as parents-to-be, with questions or concerns about their infants, toddlers and preschoolers. Call the Helpline to speak with an early childhood specialist, on duty Monday through Friday from 8:00 a.m. to 8:00 p.m. You can also leave a voicemail or submit your question online anytime.

The Helpline is staffed by early childhood development specialists, registered nurses, disabilities specialists, early literacy specialists and mental health counselors.

You can ask about anything, including:

- Sleep
- Feeding/Eating
- Fussiness
- Tantrums/Challenging Behaviors
- Potty Training
- Child Development
- Health and Nutrition
- Parenting



## Art in the Garden



### Saturday, February 24th

Take a stroll through the garden and enjoy artwork from local artists, including some of our own!



*ALL ARE WELCOME*

ALL

at

# CHAPEL

With Pastor Steve and Ms. Kathy

Wednesday, 1/17 Thursday, 1/18

Lesson: **The Fruits of the Spirit**

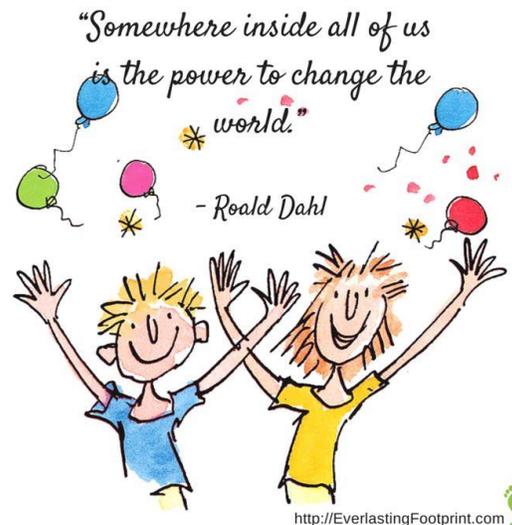
Song: **The Fruit of the Spirit Song**

Chapel offerings will be donated this year to

**Kyrene Family Resource Center, Ahwatukee Assembly of God Food Pantry and Arizona Needy Newborns.**

Donations: Toothpaste, soap, pasta, cereal, rice, canned fruits & vegetables, tuna, peanut butter, skeins of yarn, beanie babies (new or used), newborn diapers, etc.

Any monetary offerings this month will be given to Feed My Starving Children.



**Mrs. H is looking for a small group of parents who would like to help plan the following potential events:**



**MOTHER/SON PIRATE NIGHT in March**



**FATHER/DAUGHTER DANCE in May**

**\*\*PLEASE SEE LISA LEBLANC-KOBUS(in Mrs. Krach's Room) for ideas!**

# Parent/Teacher Conferences



February 26 - March 2  
More information coming soon!

## 2018-19 Registration



March 5: Current Families  
March 6: Alumni & Esperanza Members  
March 7: General Public

Teachers will share enrollment packets and readiness information with you at Parent/Teacher Conferences. Enrollment is first come, first serve.

Toddlers: Tuesday/Thursday  
3 Year Olds: MWF or T/Th  
Pre-K: MWF or MTWH

3's and Pre-K

## LUNCH BUNCH!



Available Daily

**Sign up at the Office**

**Pick Up at 12:30pm: \$10**

**Pick Up at 1:30pm: \$15**

**Pick Up at 2:00pm: \$20**

**Great way for kids to foster friendships.**

**Plan a day with some friends!**

**\*No Lunch Bunch on Tuesday, January 23<sup>rd</sup> due to staff meeting/training.**

Spring Break  
No School  
March 12-16

# ENRICHMENT CLASSES



## COME TO STORYBOOK FOREST

With Mrs. H, Mrs. Luken and Mrs. A

**Mondays**

**\$110**

1/8, 1/22, 1/29, 2/5, 2/12, 2/26 and 3/5/18

**This Class is Full.**

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## ALL ABOUT ART

Thursdays with Mrs. Palomaa and Mrs. A

**\$110**

1/11, 1/18, 1/25, 2/1, 2/8, 2/15 and 2/22/18

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## HANDWRITING AND MATH WITHOUT TEARS

Fridays with Mrs. Palomaa (and Mrs. Luken PM Class)

**AM CLASS: 8:30 – 11:30am**

February – April

**\$70 per month**

**PM CLASS: 11:30am – 2:00pm**

February – April - \$175 or

February – March - \$110



Please make drop off and pick up times with your child  
*Cell Phone Free Zones* 😊



find us on  
**Facebook**



**Like our Page** to stay informed!

**Also, join our Private Group to see photos and info**  
Children of Hope Preschool/  
Child Development Center of Ahwatukee

