Children of Hope Child Development Center

April 2018

Contents

| A Note from Mrs. H | |
|--------------------|---|
| Esperanza VBS | 2 |
| Chapel | 3 |
| Enrollment | 3 |
| Trivia Night | 3 |
| Ready for Kinder | 4 |
| Pirate Night | 6 |
| Bike & Trike | 6 |
| Quality First | 7 |
| Save the Dates | 8 |
| Social Media | 9 |
| | |

April Events

- TRIVIA NIGHT April 7
- REGISTRATION
 Ongoing
- NO LUNCH BUNCH Tuesday, April 24
- CHAPEL
 April 11 & 12
- BIKE & TRIKE April 24 & 25
- NO SCHOOL Good Friday, 3/30

Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger Preschool Director

A funny story...every spring, we learn about the life cycle of butterflies by studying real caterpillars and watching them form a chrysalis and emerge as a butterfly. What a wonderful example of new life in this time of Easter. One particular year, the box marked "Live Critters" arrived at the church office, which held our caterpillars and about 100 ladybugs that we would also study. Pastor Steve, being the good guy that he is, signed for the box and, not wanting them to be left unattended, took them home with him since we had all left for the day. The funny part of the story took place when he FORGOT about them in his car and he found them, *not moving*, the next day. Needless to say, we fired him from signing for packages and we have teased him every year since when our delivery arrives! LOL

So, we now prepare once again to study these critters and the miracle of the life cycle. We also plan to learn about God's creation and we will enjoy planting sunflowers this month with our wonderful Garden of Eatin' volunteers. We will also be treated to a special guest in Chapel, Mrs. Gerrish's daughter, Julie, who will share photos of the children and families at a preschool in Senegal, where she served for a year with Young Adults in Global Mission.



LUTHERAN CHURCH

2018 Vacation Bible School is "Wayback to the Bible!"

Esperanza's VBS will be visiting the Biblical past the week of June 4-8, 2018 from 9:00 a.m.-12:00 p.m. Kids will enjoy another year of David Kruse Coste's original VBS music along with Pastor Steve's fun Bible Time, Amber and Mrs. H's delicious snack time, active games with Julie, and creative crafts with Mrs. Gerrish .

Early Registration Discount: April 1-May 6=\$40 per child (\$100 max/family)

May 7-May 27= \$45 per child (\$115 max/family)

Age Requirement: Pre-K (4 years old-must be 4 by 1/1/18)-5th Grade

Forms available in the church office or on the church website http://myesperanza.org/education/vacation-bible-school/

Forms/payment can be mailed to church office: Esperanza Lutheran Church, 2601 E. Thunderhill Place, Phoenix, AZ 85048.

Church office hours: 9-noon. Feel free to call before you come, as we are usually here after noon. 480-759-1515. Questions? Contact Kathy Tuszynski at <u>familyministry@myesperanza.org</u>.





Saturday, April 7th, 2018 6:00 - 10:00pm



2018-19 Registration Ongoing

Tell a Friend! Only a few spots remain!



CHAPEL

With Pastor Steve and Ms. Kathy Wednesday, 4/11 Thursday, 4/12

Lesson: God's World Song: "He's Got the Whole World in His

Hands"

Food Donations: Local Food Pantry

Children's Clothing / Shoes: AZ Helping Hands

Yarn and/or Diapers: AZ Needy Newborns

Any **monetary offerings** will be given to Feed My Starving Children.



6 ways to help your child be ready for kindergarten

By Ofelia Gonzalez



Today's schools expect 5- year-olds to arrive with basic academic and social skills so they are ready on day one to start learning to read, write and do basic math. You can help your child develop the skills they'll need with some fun, easy, everyday activities:

1. Make reading part of your daily routine.

Read with your child at least 20 minutes per day. Try books that repeat words and involve activities like counting, identifying colors, objects or letters. Look for books about things your child likes, and ask questions about the story like, "What do you think happens next?"

2. Get them talking.

Back-and-forth conversations help kids develop language skills and vocabulary. The more the better, so talk and sing with your child everywhere – at home, in the car, at the store. Make up stories or songs about your outings.

3. Writing begins with scribbling.

Give your child safe writing tools to play with – like crayons, chalk or markers and blank paper – and let them create. They're developing the muscles and skills they'll need to be able to write. And ask your child to tell you about their drawings. (Another opportunity for conversation, right?) You can also use salt or coffee grounds as a tactile way to practice writing alphabet letters.

4. "Clean up, clean up, everybody do your share."

Help your child get used to putting their toys and things back where they found them. Habits developed at home will carry over to kindergarten. And work on sharing with others, too. Social skills are a big part of being ready to learn and succeed in school.

5. Stay on schedule.

Having regular, daily routines at home will help your child get used to the structure of the school day. Set and keep a schedule for waking up and dressing, meal times, and bath and bed times.

6. Practice good hygiene.

Teach your child how to use the bathroom by themselves, to wash their hands after going to the bathroom and before eating, to blow their nose and sneeze into their elbow. Developing good habits now will help keep them healthy once they start school, and that means less missed school days.

Even if you don't have a new kindergartener this year, it's never too soon to start helping kids learn and grow. Children who have positive experiences from birth to age 5 are more likely to be prepared when they start kindergarten and to do well in school. By turning everyday moments into learning moments, you can help children develop the skills and a love of learning that will help them succeed in school and in life.

Ofelia Gonzalez is public information officer at First Things First.

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www.firstthingsfirst.org

Many Thanks to the wonderful parents who planned and organized our first Mother/Son Pirate Night!







BIKE & TRIKE DAYS



Tuesday, April 24 or Wednesday, April 25 8:30am

Kids! Ride or bring your bike to school these days and enjoy an obstacle course in the lower parking lot.

Also joining us for a safety lesson will be Phoenix Police Officer Allen (Rylann's dad)!

NATIONAL STUDIES SHOW THAT CHILDREN EXPOSED TO HIGH-QUALITY EARLY CHILDHOOD EDUCATION:





Are 70% less likely to commit a violent crime by age 18



Have better language, math and social skills, and better relationships with classmates



Have better cognitive and sensory skills and experience less anxiety



Score higher on school-readiness measures



What is Quality First?

Quality First is a signature program of First Things First that partners with child care and preschool providers to improve the quality of early learning across Arizona. Quality First works with child care and preschool providers to make quality improvements that research proves help children thrive.

Why is quality important in early learning settings like child care or preschool?

90% of a child's brain develops before age 5. The positive, nurturing relationships young kids have with adults – from parents to child care and early learning professionals – shape their learning now and throughout their lives.

Quality child care and preschool settings help children develop skills like motivation, self-control, focus and self-esteem that are crucial to their success now and once they enter school.

Stay tuned for updates as we learn more about our participation in

Quality First...we are excited to be accepted into this program!

SAVE THE DATES!



Thursday, May 3rd:
Father/Daughter Dance (more information to come)



Wednesday, May 9 & Thursday, May 10: Mother's Day Celebrations (see Lesson Plans)



Monday, May 14 or Tuesday, May 15: Water Days - Kiddos will get wet!





Please make drop off and pick up times with your child Cell Phone Free Zones ©

