

# Children of Hope Child Development Center

October 2016

## Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director

### Contents

A Note from Mrs. H	1
Upcoming Events	1
Holiday Cooking	2
Chapel	2
Dental Screening	2
Brain Development	3
Butter Braids	4
Scholastic Book Fair	5
Trivia Night	6
Halloween Parties	7
Facebook	8
Labels for Education	8



### Sensory Play

Sensory activities provide children with another meaningful avenue for learning. Sensory tables or several tubs rotated regularly with wondrous sensory materials are worthwhile investments for hours of learning, exploring, and fun. Because children learn best by having "hands on" experiences with materials, sensory experiences are vital to young children's learning.

As children experiment with different sized containers in cornmeal or sand, they develop math skills such as size, conservation, counting, timing (how long it takes the sand to sift versus the dirt), matching (finding the same size or shape beans or buttons), and classifying and sorting (what are buttons, beans, macaroni). As children manipulate the materials, they learn to understand concepts such as more/less, full/empty and sink/float.

Science concepts such as cause and effect (what happens when water is added to dirt), gravity (water comes down the funnel not up), and solid to liquid (cornmeal and water mixture) are also explored.

**Angie Dorrell, M.A.**, serves as a NAEYC accreditation validator and former commissioner. She is the proud mother of two young daughters.

### Upcoming Events

- ◆ HOLIDAY COOKING Starts Friday 10/14
- ◆ CHAPEL October
- ◆ DENTAL SCREENINGS October 17
- ◆ BUTTER BRAID SALES 10/17 - 11/01
- ◆ SCHOLASTIC BOOK FAIR Week of October 23<sup>rd</sup>
- ◆ GARDEN DAYS 10/24 and 10/25
- ◆ HALLOWEEN PARTIES October 27 & 28
- ◆ TRIVIA NIGHT November 5<sup>th</sup>





# HOLIDAY COOKING Enrichment Class

Starts this Friday!

10/14, 10/21, 10/26 (Wednesday)  
11/4, 11/18, 12/2, 12/9

Bake up some holiday treats with Mrs. Hammer and Mrs. A. From pumpkin to gingerbread and many treats in between! This class not recommended for children with food allergies.

## FREE Dental Screenings and Fluoride Varnish Treatments



Monday, October 17<sup>th</sup>

Provided by First Things First  
Oral Health Program

## CHAPEL



With Pastor Steve and  
Ms. Kathy

Wednesday, 10/19  
Thursday, 10/20

**Lesson: Jesus Teaches Us to be a  
Kind Friend**  
**Song: Shake a Hand**

### NEW this year!

Chapel offerings will be donated this year to Kyrene Family Resource Center. Children can bring donations such as toothpaste, soap, pasta, cereal, rice, canned fruits & vegetables, tuna, peanut butter etc. to Chapel and these items will be delivered to the Resource Center by an Esperanza member who has partnered with them. Thank you for allowing your child to participate. Any monetary offerings will be given to Feed My Starving Children. Participation is optional.

"You have been  
my **FRIEND**"  
replied Charlotte.  
"That in itself  
is a **TREMENDOUS**  
thing."  
from  
Charlotte's Web by E.B. White

# Child Brain Development



**GOOD NUTRITION** LEADS TO MORE STABLE MOODS, INCREASES IN ABILITY TO PAY ATTENTION, AND IMPROVED MEMORY.



**LOVING AND CONSISTENT CARE-GIVING** LEADS TO A BRAIN THAT HAS AN ABILITY TO LEARN TO DELAY GRATIFICATION, PROBLEM SOLVE, AND HAVE EMPATHY FOR OTHERS.

**Brain**

- at birth, the brain has **200 billion** brain cells (called neurons)
- the brain grows **1.7 grams a day** during baby's first year
- communication across different regions of the developing brain occurs **most rapidly** during the first two years of life
- by age two, the brain reaches about **75% of adult weight**
- toddlers have more than **100 trillion** cell connections (called synapses) at age two, the most they'll ever have in their life.
- by age two, the brain structure has the overall appearance of an **adult brain**

**Nutrition**

- 60%** of an infant's energy intake from food is used for **brain growth**
- DHA, an omega-3 fatty acid, and choline, an essential nutrient, are **critical building blocks** for the developing brain
- Calcium and vitamin D, which promotes calcium absorption, **help strengthen bones and teeth.**

**Social/Emotional**

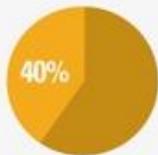
- babies need loving interaction, touch, and parents that are tuned into their needs, **as much as they need nutrition**
- by age one, infants typically understand about **70 words**, but speak only a handful of them
- at this age, toddlers become **increasingly independent** and interested in new things.
- at 18 months, a toddler's spoken vocabulary starts to explode. **they add one new word every two waking hours.**
- toddlers **imitate behavior of others**, especially adults and older children
- by two years most toddlers have a **300-word** vocabulary and are putting together simple two word sentences

**0-1 years**      **1-2 years**      **2+ years**

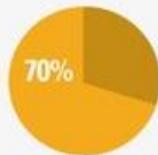
**happyfan**  
ORGANIC SUPERFOODS

## NATIONAL STUDIES

SHOW THAT CHILDREN EXPOSED TO HIGH-QUALITY EARLY CHILDHOOD EDUCATION:



Are 40% less likely to need special education or be held back a grade



Are 70% less likely to commit a violent crime by age 18



Have better language, math and social skills, and better relationships with classmates



Have better cognitive and sensory skills and experience less anxiety



Score higher on school-readiness measures

# HOLIDAY FUNDRAISER #1



FREE SAMPLES AVAILABLE ON 10/17

Dear Families,

I am very excited to announce this upcoming fundraising event! For those of you that are familiar with **Butter Braid® pastries** - you may already have a list of friends, family and co-workers waiting to order! For those of you that are not familiar with Butter Braid® pastries - you'll wonder how you ever lived without them.

The always delicious flavor lineup has changed and includes: Apple, Blueberry Cream Cheese, Cherry, Cinnamon, and Cream Cheese pastries, plus the Caramel Roll.

They still sell for only \$12 and we earn a \$5/42% profit on each item!

***Post your order form on social media to increase sales! You could win a box of Jane Dough's cookie dough (36 delicious cookies) just for promoting your Butter Braid fundraiser!***

- Share a picture or video with your order form on Twitter and tag [@RaiseDough](#) - 1 entry
- Share a picture or video with your order form on Instagram and tag [Uplifting Promotions](#) - 1 entry
- Share a picture or video with your order form on [Uplifting Promotions' Facebook page](#) - 1 entry
- [Email Uplifting Promotions](#) a screenshot of a post about your sale on the Nextdoor app - 1 entry

**Uplifting Promotions will hold the drawing at the end of their Fall season!**

Fundraiser Purpose: Playground Sunshade & Equipment

Fundraiser Starts: 10/17/2016

Fundraiser Ends: 11/01/2016

Delivery Date: 11/17/2016 Just in Time for the Holidays!





**Saturday, November 5<sup>th</sup>  
6:00 – 10:00pm**

**This is a really fun night of fellowship!**

**Gather a Team of 6 Adults...  
Mom's Night Out? Date Night? Classroom Table?**

**Pick a theme, name your team,  
decorate your table and have fun!**

### **Cost**

**\$20 per person if booked by October 31<sup>st</sup>  
Includes buffet dinner – each table is B.Y.O.B.**

### **Prizes**

**Winning Team receives \$500 cash prize!  
Prize for best decorated table and more!**

**Bring 3-\$1.00 bills for a game of Heads or Tails at intermission!  
Mulligans will be for sale as well!**

**Proceeds will help purchase playground sunshade and equipment.**

# It's a Halloween Party!

Thursday, 10/27 and Friday, 10/28



**8:30am:** Drop off your child in the classroom in their costumes

**9:00am:** Halloween Parade will begin (we will parade through the parking lot, stopping for photos in the lower lot/garden area)

**9:30 – 11:30am:** Parents: Please take your child to each Halloween station (**an adult must be responsible for each child, as teachers will all be manning stations**)

- Candy Apples
- Crafts
- Obstacle Course
- Ooey-Gooey
- Candy Corn Relay
- Pumpkin Pounding
- Ghost Bowling
- Halloween Bean Bag Toss
- Hot dogs, Popcorn and More!

The Scholastic Book Fair will be open for shopping...stop in as you make your way around the stations!



Please **NO Cell Phones at Drop Off or Pick Up**

**THANKS!**



find us on

**Facebook**

Join our Facebook group!

**Like our Page** to stay informed!

Help us get **100 Likes!**

**Also, join our Private Group**

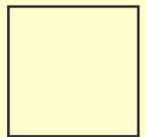
Children of Hope Preschool/  
Child Development Center of Ahwatukee

**Labels for Education**

Clip and send these labels:



Found on any of these products:



We have used funds from this program to purchase playground equipment and a die cut machine! **Keep those labels coming!**

**This program is ending but labels marked “Labels for Education” will continue to be accepted until they are gone. Check your products! Drop box in Mrs. H’s office. Thank you!**