

# Children of Hope Child Development Center

August 2022

## Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director



### WELCOME TO OUR SCHOOL FAMILY!

Oh, happy day! We are so glad to welcome our friends, old and new, back to our special little place! The teachers and I spent many hours this summer preparing classrooms, lessons, and events to make this year wonderful for you and your preschooler. Your children are in the very best of hands with my team of dedicated teachers who will comfort, encourage, model for, instruct, and guide your child through this exciting time of growth in their life.

### Happy Birthday!



August 18 - Mrs.  
Johnson  
August 26 - Mrs. Dolny

**A child's brain develops 90% in the first five years** of life, so the interactions in these important early years really matter, as we are literally growing healthy brain connections. Together with you, your child's first and most important teachers, we are setting the foundation for a lifetime of learning and growth. BAM, brain science...so cool, right?!

Thank you for sharing your child with us. We are here to give your child opportunities for social, emotional, cognitive, physical, and spiritual growth that will set them up for a happy, successful transition to kindergarten, and beyond.

**It all starts from birth to age 5...let's do this thing!**

Cheers to a happy and healthy school year together!

Mrs. H 😊

#fillyourchildwithhope



***ALL ARE WELCOME!***

***Please join us for a special  
worship service for our teachers  
and students.***

***Sunday, August 28<sup>th</sup>  
9:30am***

**Blessing of the  
Backpacks**



***All educators and students are  
encouraged to bring their  
backpacks for a special blessing  
on a wonderful school year.  
Students will receive a special  
item from Deacon Connie.***

***Our Children of Hope teachers  
will also receive a special  
blessing. Please join us as we  
celebrate and support our  
students and teachers.***

## **FAMILY CHAPEL TIME**



**PARENTS!**

**We invite you to Family Chapel Time!  
WEAR YOUR SCHOOL SHIRT**

**Beginning in September, we will hold  
Chapel Time once a month. We encourage  
you to join your child for this special time  
with Deacon Connie (approx. 20 minutes)**

**Frogs: Monday, Sept. 19 @ 8:40am (please  
check your child in to the classroom, head  
to the sanctuary, and we will meet you  
there with the students)**

**Ducklings & Penguins: Tuesday, Sept. 20  
@ 11:10am (please meet us in the  
sanctuary. Students will dismiss from  
Chapel. Lunch Bunch students will remain  
with teachers)**

## **FRUIT OF THE SPIRIT**

love,  
joy,  
peace,  
patience,  
kindness,  
goodness,  
faithfulness,  
gentleness,  
and self-control



Galatians 5:22-23

# WHY LUNCH BUNCH?



Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities, and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends.

With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence.

**Lunch Time is very fast in elementary school and here at Hope we believe in providing Lunch Bunch as an opportunity for our students to practice the “soft skills” needed for kindergarten success.**

**Available Daily**

**Sign up Book is located outside Mrs. H's office**

**Pick Up at 12:30pm: \$10**

**Pick Up at 1:30pm: \$15**

**Pick Up at 2:00pm: \$20**

Will invoice via Brightwheel

**Must be enrolled in 3's or Pre-K.**

**Not available to our Toddler Class due to diapering/licensing issues.**

**NO LUNCH BUNCH Tuesday, September 13<sup>th</sup> due to Teacher Staff Meeting**



Because kids don't come with instructions  
Quick tips for busy parents. Make the most of everyday interactions.  
**Sign up today!**

## Caring for a young child'

We're here for anyone who cares for a child, prenatally through age 8: parents, parents-to-be, grandparents, babysitters, aunts/uncles, neighbors, friends, teachers, and more.



## Bright by Text can help!

We send free text messages with conversation starters, bonding activities, games to boost brain development, social-emotional development tips, and much more. Our messages come from trusted partners like PBS KID

## Easy Sign Up

We only ask for your child's birth date and zip code. That way, you'll get tips and resources timed to their exact age and information about events and resources. We will never share your info! Bright by Text is completely free, but standard text and data rates may apply.

A promotional graphic for 'Bright by Text Arizona PBS'. It features a close-up of a young child's face with their hands on their cheeks, looking surprised. The text includes 'BRIGHT by text ARIZONA PBS', 'now what? Free activities, games, and resources for parents and caregivers of children under 5 sent right to your cell phone', 'text ARIZONAPBS to 274448', and the CPB logo with a note: '\*Standard text and data fees may apply.' The website 'brightbythree.org' is also visible at the bottom left.

<https://youtu.be/eKl8oVrY60Q>



Dear Parents:

I am excited to introduce you to our comprehensive classroom management program called Conscious Discipline. It is a way of organizing our classroom around the concept of a School Family, where each member learns the skills needed to successfully manage life tasks such as **learning, handling frustration, communicating effectively, being sensitive to peoples' needs and getting along with others.**

Conscious Discipline empowers teachers and students with Seven Basic Skills of Discipline.

To celebrate your child's success, we will recognize how your child contributed to our successful day. We want you to celebrate with us, so this letter explains the meaning behind several skills we work on and provides suggestions for ways to celebrate.

1. **Today I used the safe place to keep my class and myself safe.** In this case, your child maintained his/her composure when faced with a difficult or challenging situation. Your child remained calm and upheld his/her integrity. Tell your child: Good for you! It's hard to calm yourself down when you feel frustrated. You did it!
2. **Today I stuck to my commitment.** Each day when your child comes into class, he/she is asked to make a commitment to a rule, value or statement. There are consequences if your child sticks to this commitment - a sense of responsibility being one of them.
3. **Today I helped a friend to be successful.** When your child provides encouragement to another child who may have been facing a stressful situation, everyone wins. Tell your child: It is a gift to help others and you are a gift to me.
4. **Today I did my class job to help make our class a better place for everyone.** Every member of our class - including the teacher - has an important job to do each day. This creates interdependence and a sense of belonging. It builds unity in our classroom and promotes the School Family that is so critical to our success.
5. **Today I took a deep breath and used my S.T.A.R. power to calm down.** This is the first step toward maintaining composure when we are put in uncomfortable situations or when things don't go our way. We introduce breathing and other techniques to help the children remain calm and in control of his/her life.

6. **Today I worked hard, stayed focused and finished all of my work.** How do you feel when you know you've completed a job well done? Your child had a choice today and chose to do his/her very best. Tell your child: Way to go! You worked hard.

7. **Today I used my BIG voice so others could learn.** In our class, we work hard each day to set limits respectfully. Your child is learning that he/she must teach others how to treat him/her. Assertiveness promotes respect and helps us set healthy boundaries that are essential for all relationships. We teach the children to say, "I don't like it when you \_\_\_\_\_. Please say or do \_\_\_\_\_," teaching others how to be respectful. Give your child a big high five and a hug for using his or her BIG voice.

Please don't hesitate to call or send in a note if you have a question or would like more information about the really cool stuff going on in our classroom! You can also learn more about Conscious Discipline by visiting [www.ConsciousDiscipline.com](http://www.ConsciousDiscipline.com).

Wishing you well,  
*Mrs. H*



We're excited to launch the all-new  
**Birth to Five Helpline app!**

The Birth to Five helpline app allows you to easily **one-click call, text or email the Birth to Five Helpline** early childhood specialists directly from your phone.

Plus, you can visit **BirthToFiveHelpline.org**, donate or visit the Southwest Human Development and First Things First websites directly from the app!

The best part? Once the app is downloaded on your phone, there is no need to memorize the phone number!

**DOWNLOAD THE APP TODAY!**

# Children of Hope CDC Attains Quality Plus Rating!



Quality First, a signature program of First Things First, partners with regulated childcare and preschool providers to improve the quality of early learning across Arizona. Research has shown that children with access to high-quality early learning programs are better prepared for kindergarten, do better in school, and are more likely to graduate and go on to college.

Quality First participating providers work with a coach to assess their programs and implement quality improvement plans in areas that research shows help young kids thrive. After about one year of participation, programs are rated on a 5-star scale based on how well they meet quality standards; a rating of **4 stars** means the program **exceeds quality standards**.

The areas assessed include:

- **Health and safety practices** that promote children's basic well-being.
- **Staff qualifications**, including experience working with infants, toddlers and preschoolers as well as training or college coursework in early childhood development and education;
- **Teacher-child interactions** that are positive, consistent and nurture healthy development and learning;
- **Learning environments**, including age-appropriate books, toys and learning materials that promote emotional, social, language and cognitive development;
- **Lessons** that follow state requirements or recommendations for infants, toddlers and preschoolers;
- **Group sizes** that give young children the individual attention they need; and,
- **Child assessment and parent communication** that keeps families regularly informed of their child's development.

"Today's kindergarteners face greater rigor and higher stakes than ever before," said **Lynn Hockenberger, Preschool Director**. "By attaining a **4-star** rating, the families of children in our care will know that their children are getting the quality early education they need to arrive at school prepared to meet our state's expectations."



# UPCOMING EVENTS

## SHOW & TELL NIGHT



Wednesday, September 14<sup>th</sup>

5:15pm: Ducklings

6:00pm: All Parents with Mrs.  
H in the sanctuary

6:15pm: Penguins & Frogs

Please join us for an  
interactive time in the  
classroom with your child.  
Come and see what we have  
been doing!

## SCHOOL PICTURE DAY



Thursday, September 29<sup>th</sup>

More info coming soon.  
Save the date and pick out  
a favorite outfit.

Lifetouch Photography will  
be here all morning taking  
photos of the kids. They do  
a really nice job.

Class photos (composites)  
will also be created and  
available for purchase. All  
orders will be taken online.





# Parent-Teacher Conferences

Our Fall Conferences will take place **September 26 – 29<sup>th</sup>**  
Your child's teacher will send out a sign-up soon.

We look forward to this time with you to share how your child has acclimated to school. These conferences focus on the social-emotional development of the children.

An Ages & Stages questionnaire, a nationwide early childhood tool, will be sent home soon. Your input on this questionnaire is very valuable and it helps us as we prepare for these conferences.

We look forward to meeting with you soon to share the joys and milestones your child is experiencing.



Please make drop off and pick up times with your child  
***Cell Phone Free Zones*** 😊

## **SMOKE-FREE ENVIRONMENT**

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



**Cleaning & Disinfecting  
Services**



**FORCE SHIELD**  
FOG • DISINFECT • PROTECT



find us on

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Instagram

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Page/Follow us on  
Insta!**

**Also, join our Private Group**  
Children of Hope Preschool/  
Child Development Center of  
Ahwatukee