## Children of Hope Child Development Center

May 2021

#### Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger Preschool Director



The last month of school is always a mixture of emotions for me. In countless ways I am so proud of our kiddos as they grow throughout their time with us, literally before our eyes. They are taller, some have lost teeth, they are wiser, more confident, funnier, and braver than they were when they first arrived. Having known some of them before they were even born, sending them off to kindergarten it is always an emotional, bittersweet time for me. A little piece of my heart goes with each of them.

This month of May also brings the emotions of Mother's Day. As a mother of now adult children, I can recall and continue to celebrate the gift of motherhood that God gave to me, and all the moments that it brings. As I watch each of our Hope moms trust us to care for their child, I never take that for granted. I remember what it felt like to give the care of my children over to their first teachers. It is a privilege that we cherish, and we celebrate and value each mom that comes to our campus.

One might think that we would be eager to close the chapter on this unusual school year. But as May arrives, I find myself wanting more time. I want more time for gathering, I want more time for celebrations, I want more time to visit with our parents who have been unable to join us in the classroom, at Chapel, and in general. I want more time to hug these children without the worry of a pandemic. As the world begins to see signs of normalcy, I find myself wanting more time with you and your children. I am thankful for the students and families who will continue on with us, and say to our precious graduates, you will always have friends here at Hope. I have seen friendships form here that have stood the test of time...that is my wish for you. Thank you for being with us this year. We made it through a pandemic, together!

Very fondly, Mrs. H





No May Birthdays for staff





IN PERSON services are now taking place! Come and worship...ALL ARE WELCOME!

www.myesperanza.org

#### SAVE THE DATE!



Sunday, August 15th

All students & those working with students will receive a special blessing at this church service. Please bring your children!

#### **CHAPEL**



MANY THANKS to Deacon
Connie for teaching us about the
Fruits of the Spirit this year! She
made Chapel a warm, inviting
place for our children as she taught
them about the love of God.

#### THE BEST DAY EVER!



Thursday, June 10<sup>th</sup> 9:00am - 2:00pm

Only \$20 per child

#### SIGN UP HERE!

<u>Vacation Bible School - Esperanza Lutheran</u> Church (myesperanza.org)

## **LUNCH BUNCH**



#### Sign up Book is located outside Mrs. H's office

Pick Up at 12:30pm: \$10 Pick Up at 1:30pm: \$15 Pick Up at 2:00pm: \$20

Must be enrolled in 3's or Pre-K.
Not available to our Toddler Class due to diapering/licensing issues.

\*NO LUNCH BUNCH on Monday, May 10th due to Staff Meeting

NO LUNCH BUNCH on our last days of school: May 13 & 14







#### **Children of Hope CDC Attains Quality Plus Rating!**

May 3, 2021 – Children of Hope Child Development Center has achieved a Quality Plus rating from Quality First.

Quality First, a signature program of First Things First, partners with regulated child care and preschool providers to improve the quality of early learning across Arizona. Research has shown that children with access to high-quality early learning programs are better prepared for kindergarten, do better in school, and are more likely to graduate and go on to college.

Quality First participating providers work with a coach to assess their programs and implement quality improvement plans in areas that research shows help young kids thrive. After about one year of participation, programs are rated on a 5-star scale based on how well they meet quality standards; a rating of 4 stars means the program exceeds quality standards.

#### The areas assessed include:

- Health and safety practices that promote children's basic well-being;
- **Staff qualifications**, including experience working with infants, toddlers and preschoolers as well as training or college coursework in early childhood development and education;
- Teacher-child interactions that are positive, consistent and nurture healthy development and learning;
- **Learning environments,** including age-appropriate books, toys and learning materials that promote emotional, social, language and cognitive development;
- Lessons that follow state requirements or recommendations for infants, toddlers and preschoolers;
- Group sizes that give young children the individual attention they need; and,
- **Child assessment and parent communication** that keeps families regularly informed of their child's development.

"Today's kindergarteners face greater rigor and higher stakes than ever before," said Lynn Hockenberger, Preschool Director. "By attaining a 4-star rating, the families of children in our care will know that their children are getting the quality early education they need to arrive at school prepared to meet our state's expectations."

Please congratulate our teachers for this well earned recognition!

#### Use summer to prepare for kindergarten success

- May 10, 2018
- Ofelia Gonzalez

The months leading up to the first day of kindergarten can be an ideal time to prepare your child for what to expect. Many kindergarten teachers tell parents that basic everyday activities are the best ways to help a child feel confident and ready for the transition to kindergarten.

"Students should have some exposure to being read to. Have parents read books to their child so they are practicing some listening skills, some daily routines and procedures of what it would look like for a teacher to read to their student in the classroom," said kindergarten teacher Kathleen James, who teaches at Chinle Elementary School in Chinle, AZ. "Parent support from home has to be strong – I really feel like parents are their child's first teacher. More interaction opportunities with your child will also build your child's language development and help them to become independent."

Below are some tips from First Things First to help your preschooler have a fun, easy transition to kindergarten:

- Read with your child at least 20 minutes per day. Try books that repeat
  words; involve activities like counting, identifying colors, objects or
  letters; or, are about things your child likes. Ask questions like, "What do
  you think happens next?"
- Talk with your child everywhere at home, in the car, at the store. Make up stories or songs about your outings.
- Writing begins with scribbling. Give your child safe writing tools to play with, like crayons, chalk or markers and blank paper. Ask your child to tell you about their drawings.
- Teach your child how to use the bathroom by themselves, to wash their hands after going to the bathroom and before eating, to blow their nose and sneeze into their elbow.

Before the first day, talk with your child about what to expect during the school day and types of after-school activities they may be involved in. The more details kids know, the less anxious they will feel.

Rehearse for the big day with test-runs of the new routine, which will include:

- Choosing what to wear the night before.
- Waking up early to have plenty of time to get ready.
- Eating a healthy breakfast.
- Walking to the bus stop and talking about boarding and where to sit.
- Practicing how to open parts of lunch, whether it's a carton of milk or a small bag of carrots. Remind them that teachers or lunch staff can help if needed.

Even if you don't have kindergarteners this year, it's never too early to start helping toddlers and preschoolers prepare. Children who have positive early childhood experiences tend to score higher on school readiness assessments and are more likely to do well in school and graduate.

By turning everyday moments into learning moments, we can send our young kids to school with the skills – and the love of learning – that will help them succeed in kindergarten and beyond!

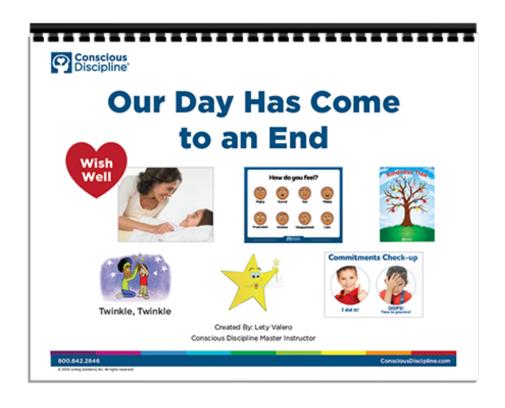
Ofelia Gonzalez is a public information officer at First Things First. You can reach her at <a href="mailto:ogonzalez@firstthingsfirst.org">ogonzalez@firstthingsfirst.org</a>.



## Our Day Has Come to an End

Check out this wonderful resource from Conscious Discipline and give this bedtime routine a try!

Our Day Has Come to an End (consciousdiscipline.s3.amazonaws.com)



### **Preschool Pageant**



CHECK IT OUT ON BLOOMZ!!
IT IS PRECIOUS!





2021-22 School Year

We have a few spots remaining in our Toddler Class (1 spot) and our 3-year old Class (2 spots) for the fall.



# Please make drop off and pick up times with your child *Cell Phone Free Zones* ©

#### **SMOKE-FREE ENVIRONMENT**

We at Children of Hope Child Development Center are committed to providing a smoke-free environment for children, staff members, and child care providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower child care facility, it shall be the policy of this child care facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



Cleaning & Disinfecting Services



