### Children of Hope Child Development Center

August 2018

### Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger Preschool Director

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#### WELCOME!

What a pleasure it is to welcome you to our 12<sup>th</sup> school year here at Hope. We have been busy bees these last few weeks preparing for your arrival. Classrooms have been painted and furnishings and wall coverings will reflect a happy, calming atmosphere. My teachers are ever committed to providing the highest quality of early education to their students, and we all look forward to sharing this year with you.

These early years are so very important for brain development. The relationships we form and the work we do with your child is very intentional to build a strong foundation for growth and learning.

We are so happy to partner with you, as you are your child's first and most important teacher!

Welcome to Hope!

Mrs. H

### **Upcoming Events**

- BLESSING OF THE BACKPACKS: 8 /12
- ESPERANZA CARNIVAL: 8/26
- NO SCHOOL Monday, September 3
- SHOW & TELL NIGHT Tuesday, September 4
- NEW ENRICHMENTS
- **\**
- CHAPEL
   September 13 & 14
- SCHOOL PICTURE DAYS TBA

### **LUNCH BUNCH**



### **Available Daily**

Sign up Book is located outside

Mrs. H's office

Pick Up at 12:30pm: \$10

Pick Up at 1:30pm: \$15

Pick Up at 2:00pm: \$20

#### Must be enrolled in 3's or Pre-K

Great way for kids to foster friendships.
Plan a day with some friends!

\*No Lunch Bunch on Tuesday, 8/21 due to staff training

# Blessing of the Backpacks © Esperanza Lutheran Church



Sunday, 8/12 8:30 or 10:30am service

Sunday School offered during the 10:30am service for children ages 4 and up

Nursery care available for children under 4 in Room 2

### **CHAPEL**



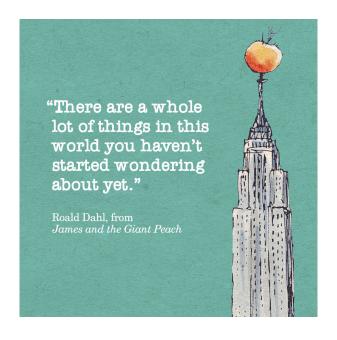
### With Pastor Steve and Ms. Kathy

Will begin in September

Each month we gather the children in the sanctuary ("The Chapel") and together with Pastor Steve and Ms. Kathy (our Family Ministry Coordinator) we enjoy Bible stories that let the children know they are loved by God and that Jesus came to show us how to treat others. Pastor plays his guitar and we sing songs and we really enjoy this time with the children. Parents are always welcome, too!

#### **Optional Chapel Offering**

Chapel offerings will be donated this year to Kyrene Family Resource Center and Arizona Needy Newborns. Children can bring donations such as toothpaste, soap, pasta, cereal, rice, canned fruits & vegetables, tuna, peanut butter, skeins of yarn, beanie babies (new or used), newborn diapers, etc. to Chapel and these items will be delivered by Esperanza members who have partnered with them. Any monetary offerings will be given to Feed My Starving Children.





### AZ EARLY LEARNING STANDARDS

You will notice some codes on the Lesson Plans provided by your child's teacher that may not be familiar to you. These codes correspond to the AZ Early Learning Standards or the Toddler Guidelines that focus on several learning domains for the whole child. Below is a table of codes to help familiarize you with the method behind the lessons. Our teachers intentionally plan lessons that focus on every domain based on how children this age learn best.

Toddler Guidelines	Early Learning Standards
SE: Social Emotional	SE: Social Emotional
ATL: Approaches to Learning	ATL: Approaches to Learning
LDC: Language Development & Communication	LLIT: Language and Literacy
CD: Cognitive Development	MATH: Mathematics
PMD: Physical and Motor Development	SCI: Science
	SS: Social Studies
	PDHS: Physical Development, Health & Safety
	FA: Fine Arts

### The AZ Dept of Education believes:

#### **Every Child**

- Is a unique, complex learner;
- Is a social being who learns through the development of relationships with peers and adults;
- Is entitled to learning environments that support optimal development of the whole child;
  - Is entitled to opportunities to learn through active exploration;
  - Learns through child-initiated, child-directed, teacher- supported play.

### **## FIRST THINGS FIRST**

## Mister Rogers movie is a reminder of what young children need

July 3, 2018 Dan Puglisi



I recently saw the new documentary about Mister Rogers, <u>"Won't You Be My Neighbor?,"</u> which is currently playing in select movie theaters. It's very well done and worth the time — whether now or later on TV or streaming — for parents, grandparents, early childhood professionals and anyone who cares for, or about, young kids.

Fred Rogers cared. A lot. And revisiting his life's work made me think more clearly and deeply about what young children need from us. (It also made me cry. A lot. I'm a marshmallow, for sure, but I wasn't the only one.)



"Children have very deep feelings, just the way parents do. Just the way everybody does. And our striving to understand those feelings, and to better respond to them, is what I feel is a most important task in our world." — FRED ROGERS

Among those interviewed in the film is Junlei Li, co-director of the Fred Rogers Center for Early Learning and Children's Media at Saint Vincent College, which carries forward Mister Rogers' legacy. Last year, prior to delivering an inspiring keynote at the First Things First Early Childhood Summit, Dr. Li kindly answered a few of our questions about early childhood and parenting.

Like the movie, Junlei's words are worth spending some time with, too.



What's happening in a child's brain in their first five years of life? Why is this time so critical to a child's long-term development?

Junlei Li: One word, "connection," captures for me what is happening inside and what is needed from the outside for a young child's brain. The brain cells are rapidly growing and building connections on the inside, and what the brain needs is a reciprocal connection with the external world — from its sights, sounds, touches, and most importantly, love and affection through the smiling faces and gentle touches and the responsiveness of the caregivers.

While I believe so strongly that each time period has its own unique purpose and importance in the course of human development, I feel that the first few years of life offers each child life's first lessons about the kind of world we all live in. The first few years of life teach a child deep and meaningful lessons about questions that stay with us for a lifetime: Do I matter to someone? Am I worthy of being loved? Can I learn and grow at my pace? Do I belong here? Am I capable of offering happiness to those around me? Is there someone out there who loves, accepts, and values me for what I am right here and right now?

"Caring people can offer children at least one of the four following elements of what makes a human interaction work: being present, give and take, an opportunity to stretch and grow, and a sense of belonging."

#### You often talk about the power of human connection.

**JL**: Mister Rogers refers to the space between one human being and another — even across the television space — as "holy ground." In every single human interaction, there is the potential for something both ordinary and beautiful to happen.

With a child, we have seen in so many different places around the country and the world, that caring people can offer children at least one of the four following elements of what makes a human interaction work: being present, give and take, an opportunity to stretch and grow, and a sense of belonging. It does not matter if we are teaching mathematics or changing diapers, what works for us and our children revolves around these simple principles.

#### How can parents and families promote their young child's healthy development?

**JL**: Trust that you have what it takes to be the caregiver and caretaker of this young child. Your resources may be scarce at times. And your patience may be, too, if you feel otherwise stressed. Your child may not always respond to you the way you hoped, or the way someone else or some book told you they would.

But please know that you do not have to be the "perfect" parent. Know that even as your child learns and grows, you learn and grow as a parent, too. Trust that the simplest, most ordinary things you do, far from the fancy and glitzy and spectacular gestures, are what matters the most.

The greatest gift you can offer anyone, said Mister Rogers, is your honest self. It is your honest self who can listen, who can notice, who can comfort, who can embrace, and who can acknowledge mistakes and still feel hopeful for another day of learning and growing with your child.

Credit for photo of Mister Rogers: Jim JudkisDan Puglisi is senior director of marketing + strategic initiatives at First Things First. Reach him at <a href="mailto:dan@firstthingsfirst.org">dan@firstthingsfirst.org</a>.

# ENRICHMENT CLASSES

11:30am - 2:00pm

Bring a sack lunch \$125 for each session For 3's and Pre-K-Students Sign up in the Preschool Office

Storybook Forest: Mondays
Beginning September 10th with Mrs. H

Join us for a journey through storybooks. We will enjoy art, games and more as we read some of Mrs. His favorite stories.

Groove to the Music: Tuesdays
Beginning September 11th with Mrs. Luken

Does your child like to move to the music? Come along!



BACK TO SCHOOL CARNIVAL

Where? Esperanza Lutheran Church

When? Sunday, 8/26 @ Noon

More info: familyministry@myesperanza.org

# Please make drop off and pick up times with your child

### Cell Phone Free Zones ©





Join our Facebook group!

Like our Page!

Also, join our Private Group Children of Hope Preschool/ Child Development Center of Ahwatukee